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LOOK FOR US AGAIN ON MONDAY

OLD PROS, NEW FLICK
ARE TOM AND JULIA 'BOOMER BAITING'?

{page 21}

OTTAWA metro®
Weekend, June 30 - July 3, 2011
www.metronews.ca
News worth sharing.

SEAN MCKIBBON/METRO

▶ Kadija Anton models local fashion designer Richard Robinson's 2011 Canada Day dress. Robinson said he was inspired by the royal visitors. Robinson has also designed two gold-dipped maple leaf broaches — one for the Duchess of Cambridge and one for Prime Minister Stephen Harper's wife, Laureen. More on the royal visit, page 3.

Store serves up some royal gelato for visit

Customers choose Kate's sticky-toffee pudding gelato over Will's chocolate tea biscuit Businesses around capital roll out red carpet

JESSICA SMITH
@METRONEWS.CA

A gelato store in the ByWard Market is trying to lure Prince William with rich chocolate gelato sprinkled with chocolate chunks and tea-biscuit bits. They're hoping Kate will be tempted to drop by and try sticky-toffee pudding cake crumbled into sweet vanilla gelato.

Piccolo Grande made a gelato each for the Duke and Duchess of Cambridge and then reached out to the Royal couple through social media.

"We're hoping they're going to come by and try it out," said manager Samia Zawawi.

Prince William's gelato was inspired by a chocolate cake he chose for his wedding made with tea biscuits, said Zawawi.

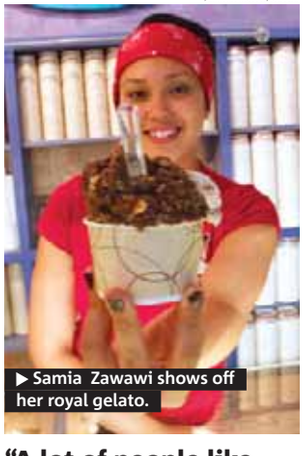
Kate is known to love sticky-toffee pudding. "We made it right in the back from scratch and put it in a vanilla base with toffee pieces," said Zawawi.

Nearby at Le Moulin de Provence, manager Alice Gonzalez is hoping for a second high-profile visit to her bakery.

U.S. President Barack Obama made an impromptu visit in 2009 and bought some of the shop's maple-leaf-shaped shortbread cookies — causing a huge boost in sales.

On Canada Day, they're unveiling a royal-themed cookie made of caramel, chocolate and pistachio — based on things they've also heard the Royal couple enjoys, said Gonzalez. They've also baked a giant cookie made of 80 kilograms of caramel with a picture of the couple in the centre, surrounded by the words, "In love we believe."

JESSICA SMITH/METRO



▶ Samia Zawawi shows off her royal gelato.

"A lot of people like Kate's Gelato. They like it a lot."
SAMIA ZAWAWI

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Bell

Festive mood takes over city

Royals, rock stars and fireworks — it's time to celebrate Canada's 144th birthday

SEAN MCKIBBON
@METRONEWS.CA

Ottawa was buzzing with activity in the final days leading up to Canada Day and the royal visit by the Duke and Duchess of Cambridge.

RCMP and Ottawa police rehearsed their escort procedures complete with limousines, a horse drawn landau and "leapfrogging" motorcycles. Construction workers, sound and lighting engineers put the finishing touches on the main stage on Parliament Hill, where artists such as Great Big Sea, Pierre Lapointe, Florence K, The Sam Roberts Band and others will perform on July 1.

"Last year, with the Queen attending, there were 370,000, but in 2008 there were 460,000," said National Capital Commission spokeswoman Denise LeBlanc. Because of the anticipated extra interest this year, Leblanc said three large video screens have been installed, one at Major's Hill Park, one near the National War Memorial and the other at the west end of Wellington Street.

"What we try to do every year is celebrate Canadian achievements and culture."
NATIONAL CAPITAL COMMISSION SPOKESWOMAN DENISE LEBLANC

While the Hill is the most prominent venue to take in Canada Day, LeBlanc said hipsters may want to check out Jacques Cartier Park's indie music and art scene, while the more athletic types might want to hit the slam-dunk competition and dance showcases at Major's Hill Park. For more details visit canadaday.gc.ca.

PASCAL LE SEGRETAIN/GETTY IMAGES

▶ Hundreds of thousands of Canadians are expected to attend Canada Day celebrations downtown, many hoping to glimpse Prince William, Duke of Cambridge, and Catherine, Duchess of Cambridge, pictured here following their wedding at Westminster Abbey on April 29 in London.

Celebrations

The royal couple's visit to Parliament Hill is this year's most talked-about Canada Day attraction, but there are several other celebrations going on throughout the city for everyone to enjoy.

▶ **Barrhaven.** More than 30,000 visitors are expected to attend the Canada Day celebrations in Barrhaven this year, which take place at Clarke Fields behind the Royal Oak. The Mattamy Homes Canada Day in Barrhaven kicks off at 11 a.m. and will feature a Kids Zone, live musical performances, food vendors and the fireworks show, which will begin at 10 p.m.

▶ **Orleans.** Petrie Island Beach will host activities all day long beginning at 11 a.m. including a volunteer firefighter ballgame. Morning activities include beach volleyball, a kids tent and inflatable rides. Later in the day, there will be family Olympics, Junkyard Symphony, live musical performances and fireworks at 10:05 p.m.

▶ **Kanata.** Sloan will headline the Canada Day celebrations at Walter Baker Park in Kanata, which are expected to attract close to 30,000 people this year. Other acts include the Holy Trinity Rhythm and Blues Band, Plush Garden and Open Sky. There will also be a free yoga class and a chemistry magic show. Fireworks are scheduled for 10 p.m.

▶ **Nepean.** Friday through Sunday, Andrew Hayden Park will host various Canada Day attractions for the whole family. Some of the attractions include midway rides, a petting zoo and a car show. There will also be a musical performances by The Strains, Northlander and Soul in Stone before Friday's fireworks display by Royal Pyrotechnie at 10:15 p.m.

1 news

New study provides strongest evidence yet that UN force brought cholera to Haiti. Scan code for story.

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It takes a small army of chefs to prepare a meal fit for a prince and his new wife. Video at metronews.ca

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JOE LOFARO/METRO

▶ Cancer survivor Sue Bothwell desperately wants to try the new Centre for Innovative Cancer Research's targeted therapies because her chemotherapy medication causes chronic fatigue and discomfort.

Cancer research centre unveiled

Federal government contributed $6.3 million to build state-of-the-art facility Centre to expedite testing of cancer treatments in Ottawa patients

JOE LOFARO
@METRONEWS.CA

The Ottawa Hospital Research institute (OHRI) unveiled a unique cancer research centre yesterday that may give cancer patients new hope for overcoming the disease.

The Centre for Innovative Cancer Research on the third floor of the hospital's cancer centre will house laboratory space and an air-locked "clean room" to harvest viruses that will attack cancer cells and leave normal cells unscathed. Just one floor below the lab space is the cancer patient centre — a setup Dr. John Bell, the senior scientist at the OHRI, called "powerful."

"Not often do you see it so nicely integrated where you have a discovery, testing and manufacturing all on the same square footage," said Bell. "I don't know of another place in Canada that is setup like this."

About 100 patients have undergone clinical trials with Bell's targeted viral therapies — therapies that in some cases have killed or shrunk tumors and allowed some patients to return to work and live longer.

Woman dies on outdoor trip

Paramedics responded to a call just before 1 p.m. Wednesday afternoon after a 50-year-old woman was found unconscious in a forest near Stonecrest Road in the Kinburn area.

When paramedics arrived at the scene, they initiated resuscitative measures but declared the woman deceased several minutes later.

A friend of the woman made the 911 call after they got separated while they were horseback riding. The woman backtracked and later found the unconscious woman. Paramedics said it's unclear if the woman died from falling off her horse or suffered a medical event. J.P. Trottier, paramedic spokesperson, said there were no clear signs of visible trauma. JOE LOFARO

News in brief

Elderly abuse alleged

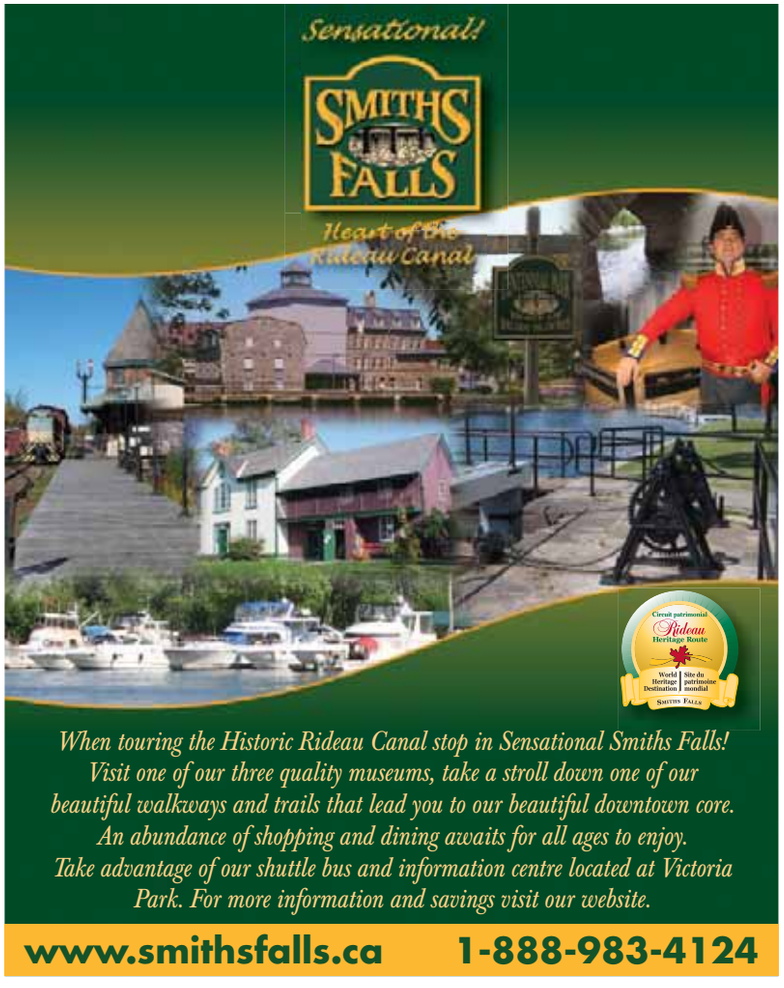
ARRESTS. The Ottawa police elder-abuse section arrested and charged a personal support worker yesterday who is accused of assaulting a resident at the Perley and Rideau Veterans Health Centre. Rey Lozada, 58, is facing two counts of assault. JESSICA SMITH

Pregnant woman rescued

TRAPPED. Paramedics rescued a woman who is seven months pregnant after she was trapped in her vehicle following a collision on Westbrook Road near Carp Road yesterday afternoon.

She was treated for neck, back and abdominal injuries.

A two-year-old girl who was in a car seat was not injured in the collision. JESSICA SMITH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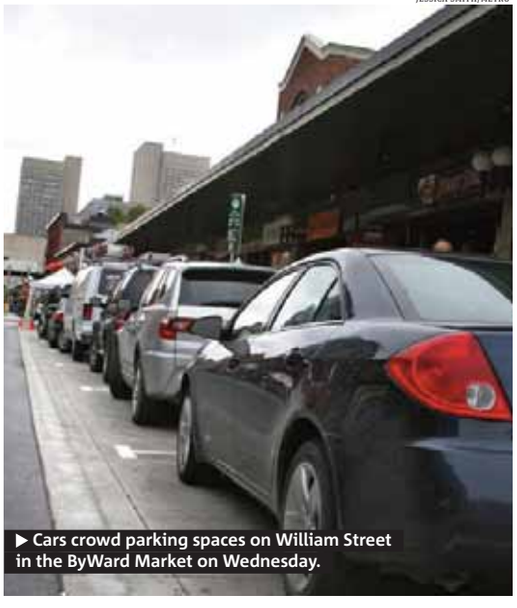
Sunday parking free — for now

ByWard Market's 590 on-street spaces at more than 100 per cent occupancy on weekends, staff report says

JESSICA SMITH
@METRONEWS.CA

JESSICA SMITH/METRO



▶ Cars crowd parking spaces on William Street in the ByWard Market on Wednesday.

The city's transportation committee is putting the brakes on a plan to begin charging for on-street parking on Sundays in the ByWard Market — but won't rule out making that change in the future.

Staff spent a year on a report that tells the committee parking in the ByWard Market on Sundays is so tight that most people park at garages. The competition for free, convenient on-street spaces is fierce, with drivers trolling the area for spaces, while others park all day, ignoring posted time limits, without being ticketed.

"In many respects it states the obvious. On-street parking on Sundays in the ByWard Market is a challenge," public works general manager John Manconi told the committee on Wednesday.

The study found each free space in the market is only used, on average, by three cars each Sunday — half as many drivers who pay to use the space each Saturday. The more people using a parking space, the more money will be spent in nearby shops and restaurants.

"You don't want to be frustrating the client." COUN. MATHIEU FLEURY

That's why the local business improvement area, community association, places of worship and others have approved the idea of pay parking on Sundays, said Manconi.

Still, the committee passed a motion to prevent city staff from using their authority to implement paid parking without committee approval.

Only Coun. Bob Monette spoke up in support of increasing parking enforcement to boost parking-space turnover.

"It's quite simple. It's two-hour parking," Monette said.

Coun. Mathieu Fleury, whose ward includes the market, disagreed.

"That's not good for business. That's not good for getting people to come back to the market." he said.

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Councillor wants traffic control

Asks for final say on speed bumps, stop signs Wants process to be faster

JESSICA SMITH
@METRONEWS.CA

Cars go zooming past a future elementary school site on Keyrock Drive in Kanata at up to 100 kilometres an hour — it's just one reason transportation committee chair Coun. Marianne Wilkinson wants a new process for implementing traffic controls.

Her committee sent a motion to city staff yesterday asking for a revised process for implementing stop signs, speed bumps and lights, so that each ward's councillor has the final say.

Wilkinson said the process needs to be faster. She wants to put stop signs on Keyrock Drive before the new school opens in the fall, but the current wait for traffic-calming measures is too long.

Other councillors worry decisions councillors make in the interests of the residents of their ward will impact the drivers passing through.

"My fear is there are a lot of issues that are not just within the scope of the ward and would have implications for other wards in the city," said Coun. Diane Deans.

City staff will look at finding a way of taking that into account, said Wilkinson. However, situations like adding stop signs to Keyrock are local and wouldn't affect commuters, she added.

SEAN MCKIBBON/METRO

▶ Coun. Marianne Wilkinson

Man sought after elderly assault

Ottawa police are looking for an assailant who they say hospitalized an elderly man last night. The victim, who police said is in his early 90s, is in stable condition in hospital after a violent altercation at the doorway of his home just after 7 p.m. Police are looking for a caucasian male, French-speaking, 27 to 30 years old, with significant gaps between middle, upper and lower teeth. METRO

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Canadian flees Kabul firefight

Businessman 'safe and unharmed' after suicide attackers storm hotel U.S. helicopters fire missiles

A Canadian businessman was safe Wednesday after being caught up in a deadly attack on a Kabul hotel.

Spokesperson Emma Welford from the Canadian Embassy in Afghanistan said the man was a guest at the Intercontinental when it was attacked by eight Taliban fighters.

Welford would not reveal how the man got out of the besieged hotel, but said he has been taken to an undisclosed location.

"He's safe and unharmed," she said.

The man's identity was not released, but Welford said he was not part of the Canadian military or diplomatic mission and has no ties to the development and aid community.

Kabul's jewel

- The hotel, which is frequented by foreigners and dignitaries, has long been considered one of the most secure sites in the capital.
- Guests and visitors must pass through a roadblock and guards posted at the bottom of a hill that winds up to the building.
- Then there's another checkpoint along the road before you reach the hotel, where more security guards are set up with metal detectors.

The attack late Tuesday was one the most complex launched by insurgents to date and lasted five hours and ended with 19 people dead, including the attackers.

Afghan security forces cleared the hotel, but the running battle ended when U.S. attack helicopters fired missiles at the five-storey building.

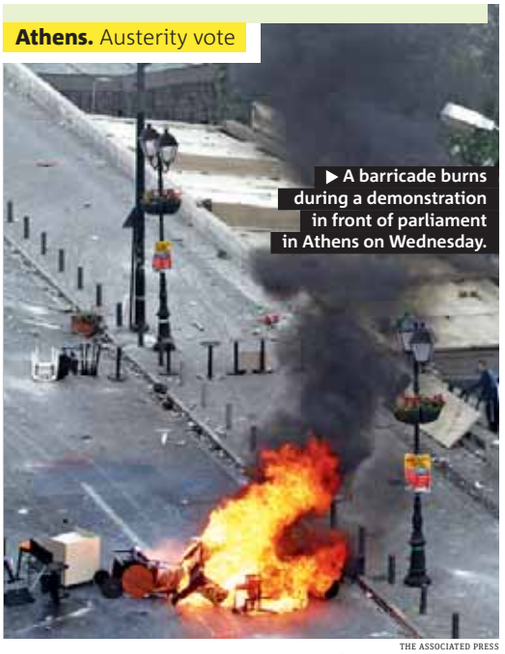
Security official Latifullah Mashal said eight suicide attackers were involved.

All had either blown themselves up or been killed.

The 11 civilians killed included a judge.

THE ASSOCIATED PRESS

Athens. Austerity vote



▶ A barricade burns during a demonstration in front of parliament in Athens on Wednesday.

THE ASSOCIATED PRESS

New cuts, new riots

Greece approved more austerity measures in a vote Wednesday that calmed world markets but triggered a second day of riots that left dozens injured and left the streets of the capital, Athens, blanketed with tear gas. Stun grenades echoed outside parliament.

Mom who lost son sees 157th body return

The mother of a soldier killed two years ago quietly pressed her face to the fence of an airbase Wednesday as the remains of the latest casualty of the Afghan mission arrived back on Canadian soil.

Clutching a "support-the-troops" poster, Kathy Bulger was among hundreds who gathered at CFB Trenton to pay their respects to Master Cpl. Francis Roy, the 157th Canadian to die on Canada's combat mission.

Fellow soldiers found Roy, 32, mortally wounded early Saturday at a forward operating base in Kandahar city.

Investigators, who ruled out enemy action, were treating Roy's death as a suicide. An autopsy has yet to be performed.

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Clashes erupt in Egypt

Unrest began Tuesday after security forces prevented people from attending a ceremony honouring those killed in the 18-day uprising

Two days of street battles between security forces and protesters in Cairo show just how volatile Egypt remains nearly five months after the popular uprising that ousted authoritarian leader Hosni Mubarak.

More than 1,000 people were hurt in the unrest Tuesday and Wednesday, driven by discontent over the slow pace of justice for old regime figures accused of corruption and killing protesters.

The clashes in Tahrir Square add a new layer to an already painful and chaotic transition from Mubarak's regime to democratic rule under the supervision of the military.

THE ASSOCIATED PRESS

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▶ A protester wears a mask as he gestures during clashes with security forces in Cairo Wednesday.

N.B. woman denies plotting to kill husband

A New Brunswick woman dismissed testimony from her alleged abductor that they plotted together to fatally shoot her husband, saying instead that if she had access to a gun, it would be Romeo Cormier who would not be "sitting there today."

The Crown recalled the woman to the witness stand Wednesday after Cormier, who is charged with kidnapping her and holding her against her will for nearly a month, concluded his testimony earlier in the day.

The 55-year-old woman — whose identity is protected by a publication ban — said there was never a plan to kill her husband, contrary to Cormier's testimony.

"That never happened. My husband and I have a great relationship," she told Crown lawyer Annie St. Jacques.

"Why would I kill my husband for something like Romeo Cormier?"

Cormier, 63, sat quietly taking notes and showed no visible reaction to her testimony.

He told the Court of Queen's Bench that she enlisted him in a plot to kill her husband on Feb. 26, 2010. He said they went to her home that night and were looking in the bedroom window when the woman somehow cut her hand and a car pulled into the driveway.

THE CANADIAN PRESS

News in brief

Spanish jewels recovered

SCAM. Spain has recovered jewels stolen in an elaborate scam, police say. The scam involved a fake sheik, a small man hidden inside a desk, and $14 million US in jewelry.

THE ASSOCIATED PRESS

Ottawa OKs controversial treatment

TRIALS. Health Minister Leona Aglukkaq is bucking some of the latest research and giving the go-ahead for clinical trials of a controversial treatment for multiple sclerosis patients.

Aglukkaq says the federal government will fund trials of the so-called liberation therapy in spite of recent studies that have cast doubt on narrowed neck veins as the primary cause of multiple sclerosis.

THE CANADIAN PRESS

Iran tests missiles

MIDEAST. Iran has conducted covert tests of ballistic missiles in addition to a 10-day program of public military manoeuvres, Britain alleged today.

Foreign Secretary William Hague told the House of Commons that there had been secret experiments with missiles that would be able to deliver a nuclear weapon, but did not specify precisely when the tests had taken place.

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A family's search for the perfect cottage.

The search for a family cottage isn't as easy as one might think. It's location, amenities, activities for the kids and more importantly fitting the purchase into the family budget. Everyone has a favourite memory of spending summers at the cottage and if you don't you must have heard a story or two.

The cottage experience is as Canadian as peameal bacon or real maple syrup and should be experienced by everyone at least once in their life. Sitting by a campfire roasting hot dogs, making "spider dogs" or toasting marshmallows, making "smores" is a rite of passage for any young camper.

As we looked into cottages we found it was quite simple to find something to rent but what about ownership? The thought of being able to escape after a long week at work would be great. Along with my kids having a safe and memorable place to spend their summers would be more than perfect.

After a lot of research what we found is, that cottages can be very expensive to say the least. Gone were the days when I grew up, where a $20,000 investment got you a family cottage on the lake. The cottages we liked seemed to cost as much as our home if not more, with some over four hundred thousand dollars. The more we thought about cottage ownership the more we realized it would mean two houses to maintain financially and physically. After all the whole idea was to get away from cutting grass and fixing things so I could spend more time with my children and simply relaxing.

"Fractional Ownership" cottages were affordable but they have maintenance fees and we couldn't justify spending over one hundred thousand dollars for something the family could only use for only 4 or 5 weeks a year.

So what was the answer? McCreary's Beach Resort on Mississippi Lake was the perfect spot for my family. Less than 30 minutes from Ottawa, McCreary's Beach Resort was one of the best lakefront properties we had come across.

It sounded all too good to be true, full ownership, maintenance free and activities for the kids...so what's was the catch? We soon found out there wasn't one.

After a resort tour, we knew McCreary's Beach Resort was the perfect alternative for our family. We got a beautiful location on the water, a short drive from our home and a budget-friendly family "cottage" that we own. Ventura Resorts call them "Resort Cottages", the affordable way to own a family summer getaway. Neither a typical trailer nor conventional cottage, these 3 season homes are beautifully furnished and professionally decorated with "at home" amenities including full-sized kitchens, 4 piece baths and large decks, and you can get it all from $54,900 to $137,760. The Resort Cottages are available in one, two and three bedroom floor plans that can sleep up to eight people comfortably.

As owners we can take advantage of the activities and amenities the resort has to offer, from BBQ's, kids activities, the best fishing ever, boat rentals, outdoor pool and more! PLUS we can earn up to $10,000 renting our home out when we're not using it with Ventura Resorts Rental Program!

If you are in the market for the cottage alternative contact our friends at McCreary's Beach Resort at **1-877-814-4141 or just visit their website at www.mccrearysbeach.com**

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Located just 30 minutes from Ottawa, this family resort offers one, two and three bedroom thoughtfully designed, three-season Resort Cottages. Complete with open living spaces, full-sized kitchens and baths, professionally decorated and furnished interiors, these Resort Cottages offer all the "at home comforts". The living area extends to the "great outdoors" with large finished decks creating a beautiful relaxing atmosphere, perfect for family gatherings or entertaining friends.

The resort features beach, pool, hot tubs, sauna, tennis & squash courts, fitness centre, canoe & boat rentals plus arcade and fun zone for the kids, McCreary's Beach Resort offers something for everyone!

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Man has 'learned his lesson'

HIV-infected convicted murderer promises to disclose condition and use condoms with future partners

A man believed to be the first person in Canada convicted of murder through HIV transmission has changed his ways and is no longer a threat to the public, his lawyers argued Wednesday.

"He doesn't want to infect anyone else. He has learned his lesson," said Munyonzwe Hamalengwa, the lawyer for Johnson Aziga.

His client has learned a lot about HIV and AIDS after eight years in jail, Hamalengwa added during a hearing to decide if Aziga should be classified a dangerous offender. Aziga wants to help teach others, Hamalengwa added.

The Crown is seeking the dangerous offender designation that could see Aziga jailed indefinitely, and has argued he has an abnormally high libido that could lead him to reoffend. But Hamalengwa said that the designation applies to violent criminals driven by "uncontrollable hormone rage."

Aziga, a 54-year-old Ugandan immigrant and father of three, was convicted in 2009 of two counts of first-degree murder, 10 counts of aggravated sexual assault and one count of attempted aggravated sexual assault. His convictions are related to 11 women with whom he had unprotected sex without telling them he had HIV. Seven of the women became infected, with two dying of AIDS-related cancers.

THE CANADIAN PRESS

On. Guard

▶ A PETA protester embodies her message.

SEAN KILPATRICK/THE CANADIAN PRESS

Fur not fit for a Queen

A PETA member protested the use of bear fur by dressing up as on of the Queen's Guards during the Changing of the Guard ceremony on Parliament Hill in Ottawa on Wednesday.

Postal union set to launch legal action

The union representing Canada Post employees will mount a legal challenge against legislation forcing them back to work.

The bill was adopted last weekend following a 58-hour filibuster by the NDP.

Alain Duguay, head of CUPW's Montreal local, told The Canadian Press the union will seek legal recourse in an effort to overturn the legislation.

THE CANADIAN PRESS

Man sentenced in death of officer

A Toronto man has been sentenced to 12 years in jail for killing a police officer. Nadeem Jiwa, 23, was convicted of manslaughter last year in the August 2007 death of York Regional Police Det. Const. Robert Plunkett. The 42-year-old father of three died when a stolen car pinned him against a tree in Markham, north of Toronto. With time already served, Jiwa will spend four years and two months in prison. Jiwa is also banned from driving for 10 years.

THE CANADIAN PRESS

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Turtle jam

PORT AUTHORITY OF NEW YORK AND NEW JERSEY/THE ASSOCIATED PRESS

▶ They're stacked up at JFK: Turtles loaded into a pickup truck by workers at New York's Kennedy airport await transport to nesting beaches across Runway 4L. "We built on the area where they were nesting for generations, so we feel incumbent to help them along the way," spokesman Ron Marsico said.

Hanged man pardoned 166 years later

The last man to be executed in Rhode Island has been pardoned by the governor, more than 150 years after he was convicted of murder in a trial tainted by widespread bigotry against Irish Catholics.

John Gordon was an Irish immigrant convicted of killing Amasa Sprague, a wealthy mill owner and the brother of a U.S. senator. Gordon was hanged in 1845 at the age of 29. But law professors and historians now say the evidence against him was circumstantial and prejudiced against Irish Catholics

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at JFK

Runway invaded by spawning turtles Flights delayed 30 minutes

About 150 turtles crawled onto the tarmac at New York's Kennedy airport Wednesday in search of beaches to lay their eggs, delaying dozens of flights, aviation authorities said.

The slow-motion stampede began at about 6:45 a.m., and within three hours there were so many turtles on Runway 4L and nearby taxiways that controllers were forced to move departing flights to another runway.

"We ceded to Mother Nature," said Ron Marsico, a spokesman for the Port Authority of New York and New Jersey, which owns the airport.

Workers from the Port Authority scooped up turtles and moved them across the airport, he said. Flight delays averaged about 30 minutes, the FAA said.

The migration of diamondback terrapin turtles happens every year at John F. Kennedy International Airport, which is built on the edge of Jamaica Bay and a federally protected park. In late June or early July, the animals heave themselves out of the bay and head toward a beach to lay their eggs.

Several pilots, some of them stifling chuckles, began reporting turtles on Runway 4L just as the morning rush hour was beginning at JFK, according to a radio recording posted on LiveATC.net.

"Be advised 30 feet into the takeoff roll, left side of the centreline, there's another turtle," called the pilot of American Airlines Flight 1009, a Boeing 767 that had just taken off bound for the Dominican Republic.

"There's another one on the runway?" asked the controller.

"Uh, well, he WAS there," the pilot said as the big airliner climbed into the sky. THE ASSOCIATED PRESS

"Justice has no statute of limitations."

REP. PETER MARTIN, AFTER THE EXONERATION OF JOHN GORDON, MORE THAN 150 YEARS AFTER HE WAS HANGED FOR MURDER.

compromised his trial.

On Wednesday, Gov. Lincoln Chafee signed a proclamation pardoning Gordon at the Old State House in Providence, where his trial took place. Chafee called Gordon's trial and execution a "dark spot" in Rhode Island history and said the pardon was long overdue. The proclamation says Gordon was executed for a murder he did not commit.

The death penalty was abolished in Rhode Island in 1852 before being reintroduced two decades later. It was abolished again in 1984.

THE ASSOCIATED PRESS

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2011 Ram 1500 Crew Cab Laramie with optional equipment shown.§

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Lease and finance offers may not be combined with other offers. Dealer may sell for less. Offers may change without notice. ‡‡Based on 2011 model year 3.7L V6 Pentastar engine equipped Jeep Grand Cherokee 4x4 (WK) with 5-speed automatic transmission (MEC) and 2011 model year 3.6L V6 Pentastar engine equipped Dodge Durango 4x4 (WD) with 5-speed automatic transmission (MEC) versus their respective predecessors. Comparison based on Natural Resources Canada (NRCan) 2011 ratings for Jeep Grand Cherokee 4x4 (WK) and Dodge Durango 4x4 (WD) and 2010 ratings for Jeep Grand Cherokee 4x4 (WK) and Dodge Durango 4x4 (WD). Actual fuel consumption will vary based on road conditions, driving habits and vehicle's condition. Actual results may vary. ‡‡‡Based on 2011 model year 3.7L V6 Pentastar engine equipped Jeep Grand Cherokee 4x4 (WK) with 5-speed automatic transmission (MEC) and 2011 model year 3.6L V6 Pentastar engine equipped Dodge Durango 4x4 (WD) with 5-speed automatic transmission (MEC) versus their respective predecessors. Comparison based on NRCan 2011 ratings for Jeep Grand Cherokee 4x4 (WK) and Dodge Durango 4x4 (WD) and 2010 ratings for Jeep Grand Cherokee 4x4 (WK) and Dodge Durango 4x4 (WD). Actual fuel consumption will vary based on road conditions, driving habits and vehicle's condition. Actual results may vary. ‡‡‡‡Based on 2011 model year 3.7L V6 Pentastar engine equipped Jeep Grand Cherokee 4x4 (WK) with 5-speed automatic transmission (MEC) versus its predecessor. Comparison based on NRCan 2011 ratings for Jeep Grand Cherokee 4x4 (WK) and 2010 ratings for Jeep Grand Cherokee 4x4 (WK). Actual fuel consumption will vary based on road conditions, driving habits and vehicle's condition. Actual results may vary. §Based on 2011 Ram 1500 Crew Cab Laramie with optional equipment shown. Price including applicable Consumer Cash Discount: $38,770. Pricing includes freight ($1,400), air tax, tire levy and OMVIC fee. Pricing excludes licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Retailer order/trade may be necessary. Retailers may sell for less. See participating retailers for complete details. ∞Loyalty Bonus Cash is available at participating retailers to eligible retail customers on the purchase/lease by June 30, 2011 of a new 2010/2011 Chrysler, Jeep, Dodge, Ram model (with the exception of 2010/2011 Ram 1500 Regular Cab and Ram Cab & Chassis Cab 4x2 and 4x4, 2010/2011 Dodge Caliber SE, 2010 Jeep Compass and Patriot 4x2 and 4x4, 2011 Jeep Compass and Patriot Sport 4x2 and Sport 4x4, 2010/2011 Jeep Wrangler Sport, 2010/2011 Dodge Journey SE, 2010/2011 Dodge Grand Caravan CVP and Cargo Van (CV) and 2012 FIAT 500) and is deducted from the negotiated price after taxes. Eligible customers include those who had entered into a new Chrysler, Jeep, Dodge, Ram vehicle FinanceLinx or Gold Key Lease with a maturity date from June 1, 2011 forward. Some conditions apply. See your retailer for complete details. 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Federal nuclear firm goes private

Atomic Energy of Canada Ltd. sold for $15 million Ottawa keeping intellectual-property rights

The federal government has sold nuclear company Atomic Energy of Canada Ltd. to Montreal-based engineering giant SNC-Lavalin Group.

Natural Resources Minister Joe Oliver announced the sale late yesterday. The sale ended at least two years of attempts by Ottawa to privatize AECL.

The sale price was $15 million. Meanwhile, SNC-Lavalin is creating a new division called CANDU Energy to house AECL's three former business lines.

SNC-Lavalin was the sole bidder to meet Ottawa's conditions for buying the financially troubled Crown corporation.

AECL has cost Canadian taxpayers billions of dollars in subsidies, including about $1 billion in the last two years alone.

The company has faced major cost overruns in recent years while struggling to find a buyer.

In 2009, the Conservatives announced plans to spin off AECL's commercial reactor business from its research division.

The announcement coincided with a lengthy shutdown of the company's research reactor at Chalk River, Ont., which caused a worldwide shortage of the medical isotopes used to detect cancer and heart ailments. An earlier shutdown in late 2007 also strained the global isotope supply and ended only after Parliament voted to bypass the nuclear safety regulator's closure order. THE ASSOCIATED PRESS

Canadian grains get challenged

SEAN KILPATRICK/THE CANADIAN PRESS

Canada's agriculture minister says the Canadian Wheat Board's monopoly on wheat sales has got to go if the industry is to grow.

"The monopoly of the wheat board is standing in the way," Gerry Ritz said yesterday. The federal government said they will eliminate the board's control without holding a vote among farmers.

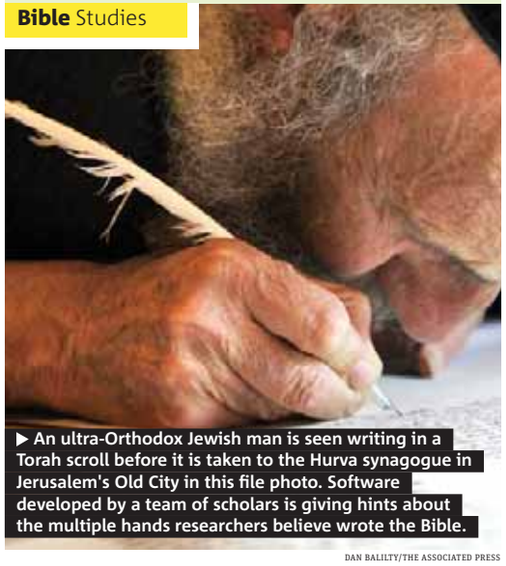
THE CANADIAN PRESS

Market moment

PRICES AS OF 5 P.M. WEDNESDAY

TSX	Dollar	Oil	Natural gas 1,000 cu ft	Gold contracts
+ 83.95 (13,188.94)	+ 1.27¢ (103.03¢ US)	+ $1.88 US ($94.77 US)	$4.315 (- 0.39¢)	$1,510.40 (+ 10.20)

Bible Studies



An ultra-Orthodox Jewish man is seen writing in a Torah scroll before it is taken to the Hurva synagogue in Jerusalem's Old City in this file photo. Software developed by a team of scholars is giving hints about the multiple hands researchers believe wrote the Bible.

DAN BALILTY/THE ASSOCIATED PRESS

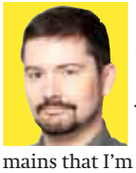
High-tech holy book

New software analyzes style and word choices to distinguish parts of a single text written by different authors. When applied to the Bible, its algorithm teased out distinct writerly voices in the holy book.

A CHOICE OF SINK, SWIM OR FLUTTER

HE SAYS ...

JOHN MAZEROLLE
METRO



As I think about my swimming technique this summer, one skill keeps coming to mind: I should really learn to float.

I have mastered the fundamentals known as the three S's: Standing, squatting and swearing about the water's temperature. And, sometimes, emboldened by back-to-back episodes of Jackass, I let the water come up to my neck.

But despite my derring-do, the fact remains that I'm about as buoyant as a cockpit voice recorder. To me, the butterfly is an animal, the freestyle is rap music and the breaststroke is something you do if you really love your KFC.

The only pool that I have been in recently involved guessing when Will and Kate will get divorced.

My inability to swim is especially embarrassing because I grew up in New Brunswick. "Weren't you born on the water?" people say, frowning at me as if I were a Newfoundlander who just said he doesn't care for whisky.

"But despite my derring-do, the fact remains that I'm about as buoyant as a cockpit voice recorder. To me, the butterfly is an animal, the freestyle is rap music, and the breaststroke is something you do if you really love your KFC."

These people assume I can't swim because I'm scared, but that's not true.

I'm tentative near open waters, but that's because the Atlantic hovers around three degrees Kelvin. It does to your body what your Grade 7 teacher used to do to hotdogs when he took out liquid nitrogen to illustrate the scientific principle of "Breaking stuff into little pieces is cool."

And the water inside was no better: All I learned on school swimming trips was that chlorine is Mother Nature's way of stabbing you in the eyes. (If the Taliban ever harnesses the power of chlorine, every North American will be wandering around with their face squeezed tight and their arms outstretched asking for a towel.)

We did take swimming lessons on school trips, but they generally involved clinging to a flutter board as though we had just departed the Titanic. When the chlorine dissolved the board, the lesson was over.

I could get sulky about this and blame my childhood, but instead I have decided to embrace it: I want to return to my roots and get a flutter board because that's the closest I have been to swimming.

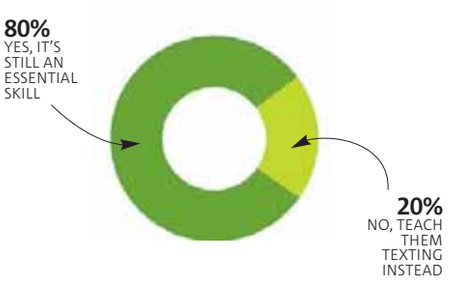
It might seem childish but, heck, they give out beer in sippy cups at hockey games, and those motorcycles with extra wheels seem popular now. Give my board an iPhone colour scheme and an impressive name and I will be fine with it. My Jet-Black Thoroughbred Freedom Board will be the talk of the pool.

And if anyone mocks me, I'm blaming the tears on chlorine.

Read more of John Mazerolle's columns at metronews.ca/hesays

metro life panel **Register at metrolifepanel.ca and take the quick poll**

Should children still be taught handwriting in school?



Local tweets

- **@Jeremy McQuigge:** Completely forgot about free fares on #OCTranspo after 10pm on #CanadaDay. #Safety #ottawa
- **@ottawastart:** I would love to see Will and/or Kate try out the new loop waterslide at Calypso. Who can we call to make this happen?
- **@JimWatsonOttawa:** Congrats to Nepean native Sandra Oh for receiving her Hollywood Blvd. star. Her amazing parents still live in our community #ottcity
- **@SNyenkamp:** Getting so stoked to see @tiesto on #canadaday in the nation's capital, #ottawa. Not to mention the #royalcouple is in town.
- **@jentraplin:** Weather forecast for Canada Day is still looking good. Keep up the good work, Mother Nature!
- **@jonahth:** Oxford disavowing the Oxford comma. I'll have to bring this up with my parents, Ayn Rand and God.
- **@stephaniefusco:** Much ado about nothing: RIP Oxford Comma, I won't miss you one bit

Worth mentioning

LOS ANGELES. A team of European astronomers, glimpsing back in time to when the universe was just a youngster, says it has detected the most distant and earliest quasar yet.

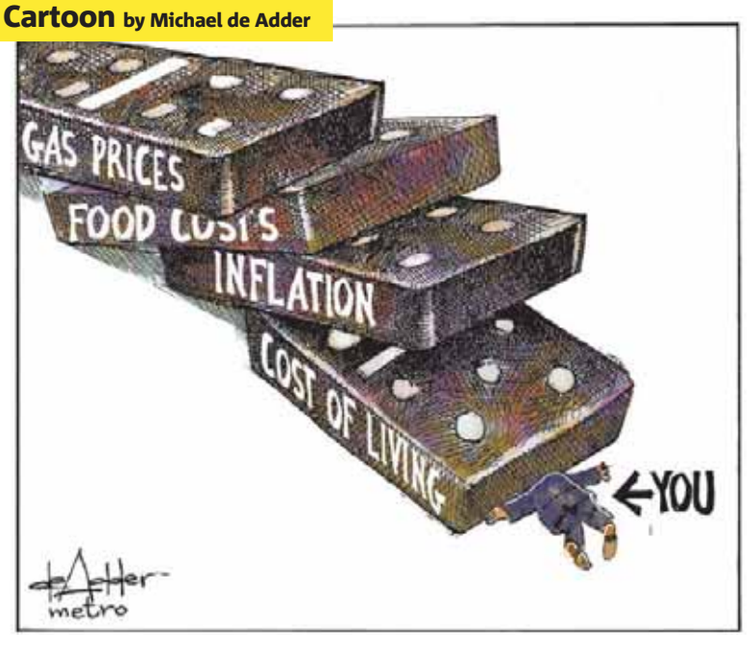
Light from this brilliant, starlike object took nearly 13 billion years to reach Earth, meaning the quasar existed when the universe was only 770 million years old — a child by cosmic standards. The discovery ranks as the brightest object ever found.

To scientists' surprise, the black hole powering this quasar was two billion times more massive than the sun. How it grew so bulky so early in the universe's history is a mystery. Black holes are known to feed on stars, gas and other matter, but their growth was always thought to be slow.

The discovery was reported in Thursday's issue of the journal Nature. Since quasars are so luminous, they guide astronomers studying the conditions of the cosmos following the Big Bang, the explosion believed to have created the universe 13.7 billion years ago.

THE ASSOCIATED PRESS

Cartoon by Michael de Adder



WEIRD NEWS

Debuting next season — CSI: Dog poop

A Florida condominium association hopes dog DNA samples will help it determine which pet owners aren't picking up after their pooches.

The Village of Abacoa Condominium Association says cleaning up after dog owners who don't clean up after their dogs costs $10,000 to $12,000 US per year.

Starting Aug. 1, residents in the Jupiter, Fla., community must each pay a $200 fee to keep the dogs' genetic information on file at the DNA Pet World Registry. Dog droppings found in common areas will be collected and mailed to the Tennessee-based company for comparison.

The association's property manager says any owner whose dog matches the poop sample will be fined up to $1,000, or a lien could be placed on their homes. A dog that is a persistent problem could be confiscated.

THE ASSOCIATED PRESS

metro
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Plot synopsis

- Larry Crowne (Tom Hanks, who also directs), the man not the movie, is the kind of guy proud to wear his My Name Is tag. That is, until the day U Mart downsizes him. Divorced and stuck with a house that isn't worth what he owes on it, he turns his life around by going back to school and getting an education in life and love from teacher Mercedes Tainot (Julia Roberts).
- **Ratings:**
  Richard: ●●●½
  Phil: ●½

▶ Julia Roberts and Tom Hanks star in Larry Crowne.

Reel Guys

RICHARD CROUSE & MARK BRESLIN
SCENE@METRONEWS.CA

Hanks' comedic return

Richard Crouse and Phil Brown agree Larry Crowne feels a bit out of date
But they enjoy Hank's gentle character comedy and film's offbeat casting

Movie writer Phil Brown is sitting in for Mark Breslin this week.

Richard Crouse: Phil, Larry Crowne has an old-fashioned feel to it, like a '90s sitcom updated with references from the 2000s. There's something reassuring about seeing old pros Hanks and Roberts effortlessly glide through this like hot knives through butter, but occasionally the material feels a bit out of date.

Phil Brown: The movie seemed too old-fashioned to me and just felt bland. Star power has appeal, but I just can't buy two of the most recognizable movie stars as down-on-their-luck nobodies. Tom Hanks may have an everyman quality, but he looks as out of place working in a department store as Larry the Cable Guy at Harvard.

RC: Maybe so, but Hanks has been playing the Da Vinci Code's oh-so-serious iconology professor Robert Langdon for so long now it's easy to forget that he was once known as an accomplished comedic actor. Here he turns the dial back to movies like Joe and the Volcano, playing a likeable character you want to root for. I enjoyed that, I just found the obvious boomer baiting a bit obvious.

PB: Yeah, it was nice to see him try to be funny again and hopefully it's not the last time. Few do gentle character comedy better. The boomer baiting was frustrating as was the attempt to make overcoming economic crisis seem so easy. If only I'd known before now that the answer to any financial problems I have could be solved by taking a community college level intro to economics course with George Takei.

RC: I actually really liked the movie's offbeat casting. Sure Hanks and Roberts are the above-the-title stars, but they'll only appeal to people who remember when gas cost 54 cents a litre. The rest of the cast is bizarre. Pam Grier? Awesome. Wilmer Valderrama? Well, maybe not awesome, but at least left-of-centre enough to be fun. For all the familiar names in the cast, it was an unfamiliar one that grabbed my attention: Gugu Mbatha-Raw. I think a new star might have been born there.

PB: She has a star quality and I did enjoy seeing Tekei even if his subplot was ridiculous. This is a comfort food movie. For the price of admission you get pretty actors, a comfy moral and a happy ending. There's nothing wrong with cinematic empty calories, I just could have used some realism, edge and creativity.

2

Scene in brief

Also opening this weekend is Selena Gomez's Monte Carlo, about a young girl on vacation in the seaside town who is mistaken for a British heiress. The movie also stars Leighton Meester, Cory Monteith and Andie MacDowell. Visit metronews.ca/movies on Friday to read a review of the film.
METRO

NYT reviews Villeneuve's Polytechnique two years after film's Canadian release.

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Appealing to the masses

Horrible Bosses is a buddy comedy that never gets too dark ◗ Sudeikis talks to Metro about his new flick

RICHARD CROUSE
SCENE@METRONEWS.CA

Although Jason Sudeikis stars in the new comedy Horrible Bosses, he says in real life he's never worked for a horrible boss.

A short retail career — "It was not my forte," he says — saw a manager harp on him about "hanger integrity," which he explains is "the act of making sure all your hangers in a closet or on a clothing rack face the exact same way." But he doesn't remember her as horrible. "Passive aggressive, yes, and very detail oriented, but horrible, no."

His current boss, Saturday Night Live head honcho Lorne Michaels, gets more effusive praise. "I picture him laughing a lot," he says. "I think that is what keeps him so spry."

In Horrible Bosses, the handsome actor — he's good-looking enough to have dated January Jones! — plays Kurt, who, along with Jason Bateman and Charlie Day, plot to kill their evil employers.

"I just think Jason and Charlie are so great," he says. "I watched and thought, 'Golly, they're so frickin' funny. I hope people are all right with me.'"

The plot sounds sinister, but the movie isn't serious in any way.

"I don't know if any of our characters go through an emotional arc," he laughs. "It never gets too dark. There's not going to be any copycat situations. It's not going to start things up around the country, or the world for that matter."

It's a buddy comedy expanded to three, just like another big hit this summer, The Hangover Part 2. "People, if they want to be crappy about it will say, 'Oh, they want to be The Hangover,' but it is totally different."

I mention a tweet someone sent after seeing Horrible Bosses. "Three is the new two," it read.

"I've been working on my own theory that four is the new rule of comedy in this new generation," he says. "One establishes the premise, two hits it, third is the punch line, then the fourth one is a comment on what the first three were."

SUBMITTED

▶ Jason Sudeikis stars in Horrible Bosses.

Horrible Bosses is being released amidst the crash, boom, bang of the summer blockbusters. I ask him if he's concerned about competing with the likes of Transformers.

"Out of the movies that are being released around it, it's the one I would go see," he says. "I just happen to be in it, which is nice."

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Roger Ebert, EBERT PRESENTS AT THE MOVIES
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Peter Travers, ROLLING STONE
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disney.com/cars
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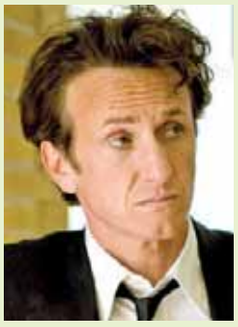


The Tree of Life
Genre: Drama
Director: Terrence Malick
Stars: Brad Pitt, Sean Penn

Terrence Malick's movies aren't for everyone. The auteur behind films like Badlands doesn't conventionally direct a narrative rather than suggest it. Impossible to describe in a sentence, the big prize-winner at the Cannes Film Festival explores a 1950s family (led by Brad Pitt in a stunning performance) dealing with the loss of a child intercut with lengthy musings on the evolution of life and the universe. It can be a cumbersome experience at times but a refreshing pause from the mindless summer blockbuster. STEVE GOW

The National Parks Project
Genre: Documentary
Directors: Peter Lynch, Jamie Travis and others

A wildly ambitious mix of styles and genres united by an explicitly ecological theme, the National Parks Project culls together 13 short films shot across each of Canada's provinces and territories. Each segment is shot in a provincial park by a single director, working with a trio of musicians to create a kind of visual/aural poem. Not surprisingly, certain passages are more interesting than others, though there's a sense of aesthetic continuity throughout.
ADAM NAYMAN

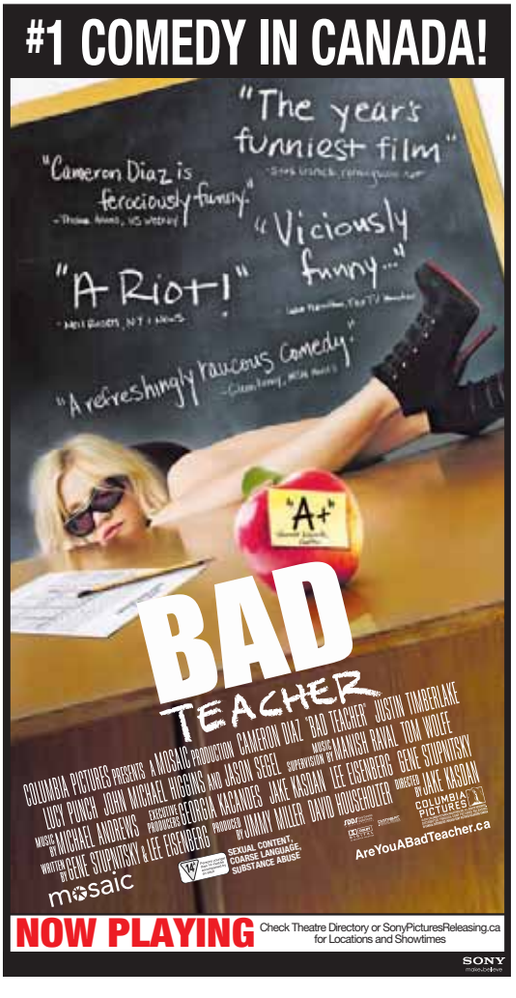
Winnie. The Pooh

▶ Disney's Winnie the Pooh hits theatres July 15.

CONTRIBUTED

Pooh puts down his honey jar for Canada

Plan to show off your patriotic love of everything Canuck this Canada Day? You aren't the only one. Even Winnie the Pooh — named after Winnipeg, you know — is putting down his beloved honey jar and picking up the red and white this weekend. Disney's Winnie the Pooh, starring the voices of Craig Ferguson and John Cleese, is in theatres on July 15.
METRO



"ONE OF THE YEAR'S BEST FILMS."
Timely, personal and hilarious. Tom Hanks continues to prove why he's the most likable and talented person in Hollywood."
Jake Hamilton, FOX-TV
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THESE PAGES COVER MOVIE START TIMES FROM FRI., JUL. 1 TO THURS., JUL. 6. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

OTTAWA

BYTOWNE CINEMA
325 Rideau St., 613-789-3456

The Bang Bang Club (14A) Sun 4:05 Mon 9:25 Tue 4:15
In a Better World (STC) Thu 4:35
Midnight in Paris (PG) Sat 1:30-9:20 Sun 6:25 Mon 4:30 Tue 9:25 Wed 4:40 Thu 7
No Films Showing Today (STC) Fri
The Tree of Life (PG) Sat 3:35-6:30 Sun 1:15-8:30 Mon-Tue 6:35 Wed-Thu 9:05

CANADIAN FILM INSTITUTE
2 Daly Ave., Suite 120, 613-232-6727

No Films Showing Today (STC) Fri-Thu

CANADIAN MUSEUM OF NATURE
240 McLeod St., 613-566-4700

Insects (STC) Fri-Thu 10-12-2 Fri-Thu 11-1
Land of Giants (STC) Fri-Thu 10:30-12:30-2:30 Fri-Thu 11:30-1:30
A Modern Castle: The Rebirth of the Canadian Museum of Nature (STC) Fri-Thu 3:35 Fri-Thu 3

CENTRETOWN MOVIES
Dundonald Park, 512 Somerset St. W., 613-232-1534, centretownmovies.org

Listings not available at press time.

COLISEUM OTTAWA
3090 Carling Ave., 613-596-9475

Bad Teacher (14A) Fri-Thu 11:40-3-6:50-9:10
Bridesmaids (14A) Fri-Thu 12:10-3:40-7:10:40
Cars 2 (G) No Passes Fri-Thu 12:40-3:30-7:50-10:20
Cars 2 3D (G) No Passes Fri-Thu 11:30-2:05-4:40-7:20-9:55
Conan O'Brien Can't Stop (STC) Thu 7
Green Lantern 3D (PG) Fri-Thu 1:20-4:10-7:30-10:10
Larry Crowne (PG) Fri-Thu 12:20-4:30-8-10:35
Monte Carlo (G) No Passes Fri-Thu 11:50-2:50-6:30-9:20
Mr. Popper's Penguins (G) Fri-Wed 1:10-4 Thu 4 Star & Strollers Screening Thu 1
Pirates of the Caribbean: On Stranger Tides (PG) Fri-Thu 9:45
Super 8 (PG) Fri-Thu 1-4:20-7:15
Transformers: Dark of the Moon (PG) No Passes Fri-Thu 12-3:20-6:40-10 No Passes Fri-Thu 1:30-5-9:30
Transformers: Dark of the Moon 3D (PG) No Passes Fri-Thu 12:30-3:50-7:10-10:30
X-Men: First Class (PG) Fri-Wed 7:40-10:45 Thu 10:45

EMPIRE 7 CINEMAS
111 Albert St., 3rd Floor, World Exchange Plaza, 613-233-0209

Bad Teacher (14A) Fri 1-3:40-6:40 Sat-Thu 1-3:40-6:40-9:40
Bridesmaids (14A) Fri 12:55-3:35-6:35 Sat-Thu 12:55-3:35-6:35-9:15
Green Lantern (PG) Fri 12:50-3:25 Sat-Thu 12:50-3:25-9:25
The Hangover Part II (18A) Sat-Thu 9:20
Larry Crowne (PG) Fri 1:05-3:30-6:30 Sat-Thu 1:05-3:30-6:30-9:10
Monte Carlo (G) Fri 12:45-3:45-6:45 Sat-Thu 12:45-3:45-6:45-9:35
Potiche (14A) Fri-Thu 6:25
Transformers: Dark of the Moon (PG) Fri 3-6:15 Sat-Thu 3-6:15-9:30
X-Men: First Class (PG) Fri-Thu 12:40-3:20-6:20

MAYFAIR THEATRE
1074 Bank St., 613-730-3403, mayfair-movie.com

Days of Heaven (STC) Wed-Thu 9:30
The National Parks Project (STC) Sat 7 Sun 6 Wed-Thu 7
No Films Showing Today (STC) Fri
Thelma & Louise (STC) Mon-Tue 9:15
Win Win (14A) Sat 9:30 Sun 8:30 Mon-Tue 7

OTTAWA FAMILY CINEMA
710 Broadview Ave., 613-722-8218, familycinema.ca

No Films Showing Today (STC) Fri-Thu

▶ Cameron Diaz, Jason Segel and Justin Timberlake star in Bad Teacher.

RAINBOW CINEMAS
St. Laurent Centre, 1200 St. Laurent Blvd., 613-688-0850

Fast Five (PG) Fri-Thu 10-6:40-9:20
Hoodwinked Too! Hood vs. Evil 3D (G) Fri-Thu 12:55-5:05
Jane Eyre (PG) Fri-Thu 6:35
Judy Moody and the NOT Bummer Summer (G) Fri-Thu 12:25-2:25-4:30
Kung Fu Panda 2 3D (PG) Fri-Thu 10:40-12:40-2:50-4:50
The Lincoln Lawyer (14A) Fri-Thu 10:10-6:50-9:15
Rio (G) Fri-Thu 12:30-2:35-4:40
Something Borrowed (PG) Fri-Thu 7-9:25
Thor 3D (PG) Fri-Thu 10:20-2:45-7:05-9:30
Water for Elephants (PG) Fri-Wed 10:30-1:05-3:50-9 Thu 1:05-3:50-9 Thu 10:30

RIDEAU CENTRE CINEMAS
50 Rideau St., 613-234-3712

Cars 2 (G) Wed 12:50-3:45-7-9:25
Cars 2 3D (G) No Passes Fri 12-3:15-7 No Passes Sat-Sun 12:50-3:45-7-9:25 Mon-Tue 12:50-3:45-7-9:25 Thu 12:50-3:45-7-9:25
Super 8 (PG) Fri 11:45-3-6:30 Sat-Tue 12:40-3:30-6:45-9:35 Wed 12:40-3:30-9:35 Thu 12:40-3:30-6:45-9:35
Transformers: Dark of the Moon 3D (PG) No Passes Fri 11:30-2:45-6 No Passes Sat-Thu 12-3:15-6:30-9:45

SOUTH KEYS
2214 Bank St., 613-736-1115

Bad Teacher (14A) Fri-Thu 10:40-1:30-3:45-6:35-9:20
Bridesmaids (14A) Fri-Thu 10:20-1:05-3:50-7:05-9:50
Cars 2 (G) No Passes Fri-Thu 10:30-1:10-3:55-6:45-9:30
Cars 2 3D (G) No Passes Fri 11:05-1:40-4:20-7:10-10 No Passes Sat 10:15-1:40-4:20-7:10-10 No Passes Sun-Thu 11:05-1:40-4:20-7:10-10
Green Lantern 3D (PG) Fri 10:15-1-3:35-7-9:40 Sat 1-3:35-7-9:40 Sun 10:15-1-3:35-7-9:40 Mon 10:15-1-3:35-10:15 Tue-Thu 10:15-1-3:35-7-9:40
Harry Potter and the Half-Blood

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Prince (PG) Sat 10:30 Mon 7
Larry Crowne (PG) Fri-Thu 11:1:20-3:40-6:30-9:10
Monte Carlo (G) No Passes Fri-Thu 10:35-1:15-4:6:50-9:25
Mr. Popper's Penguins (G) Fri-Thu 10:45-1:35-7:20
Super 8 (PG) Fri-Thu 10:55-1:45-4:25-7:15-9:55
Transformers: Dark of the Moon (PG) No Passes Fri-Thu 10:25-10:50-1:50-2:30-5:15-6:15-8:50-9:45
Transformers: Dark of the Moon 3D (PG) No Passes Fri-Thu 11:15-3-6:40-10:10
X-Men: First Class (PG) Fri-Thu 4:05-10:15

GATINEAU

CANADIAN MUSEUM OF CIVILIZATION
100 rue Laurier, 819-776-7010

Born to Be Wild 3D (STC) Fri 1:15-3:25-5:35 Sat 11:05-2:20-5:35-7 Sun 11:05-2:20-5:35 Mon 10-2:20-5:35-7 Tue 10-11:05-2:20-5:35-7 Wed 10-2:20-5:35-7 Thu 10-11:05-2:20-5:35-7
Nes Pour Etre Libres 3D (STC) Fri 4:30 Sat 10-1:15-4:30 Sun 10-1:15 Mon 1:15-4:30 Tue 4:30 Wed 1:15-4:30 Thu 1:15
Rescue 3D (STC) Fri 2:20-7:45 Sat 12:10-3:25-9:10 Sun 12:10-3:25-6:40 Mon 12:10-3:25-9:10 Tue 12:10-3:25-8:05 Wed 12:10-3:25-9:10 Thu 12:10-3:25-8:05
Sauvetages 3D (STC) Fri 6:40 Sat 8:05 Sun 4:30 Mon 11:05-8:05 Tue 1:15-9:10 Wed 11:05-8:05 Thu 4:30-9:10

CINÉ-CAMPUS UQO
283 rue St-Jean-Bosco, 819-773-1888

CINÉMA DES GALERIES D'AYLMER
400 boul. Wilfrid-Lavigne, 819-248-2526

Cars 2 3D (STC) Fri-Sun 12:45-3:30-6:45-9:15 Mon 6:45-9:15 Tue-Thu 12:45-3:30-6:45-9:15
Gerry (G) Fri-Sun 12:30-3:15-6:45-9:30 Mon 6:45-9:30 Tue 12:30-3:15-6:45-9:30
Sale prof (13+) Fri-Sun 1-3-7-9 Mon 7-9 Tue-Thu 1-3:45-7-9:30
Le Sens de l'humour (G) Wed-Thu 12:30-3-6:45-9:15
Transformers: Dark of the Moon 3D (G) Fri-Sun 12-3:15-6:30-9:45 Mon 6:30-9:45 Tue-Thu 12-3:15-6:30-9:45

CINÉ-STARZ
1100 boul. Maloney Ouest, 819-568-8000

Arthur 3: La guerre des Deux Mondes (G) Fri-Thu 12
De l'eau pour les éléphants (STC) Fri-Thu 8:05
Duo à trois (G) Fri-Thu 9:05
Hop (G) Fri-Thu 12-3:45-6:20
Rango (G) Fri-Thu 12
Rapides et Dangereux 5 (G) Fri-Thu 1:50-4:05-7-9:15
Le retour du petit chaperon rouge - La contre-attaque (G) Fri-Thu 12-1:35-3:10-4:45
Rio (G) Fri-Thu 1:55-3:40-5:25-7:10
Thor (STC) Fri-Thu 1:45-5:25-7:25-9:25

CINÉ-PARC TEMPLETON DRIVE-IN
1779 boul. Maloney Est, 819-663-0915

No Films Showing Today (STC) Wed-Thu
Rio (G) Fri-Tue
Super 8 (G) Fri-Tue
Transformers: Dark of the Moon (G) Fri-Tue
X-Men: Première classe (G) Fri-Tue

GATINEAU 9
120 boul. de l'Hôpital, 819-568-6070

Listings not available at press time.

STARCITÉ HULL
115 boul. du Plateau, 819-770-1090, cinemasfortune.ca

Bad Teacher (13+) Fri-Thu 1:25-4:35-7:55-10:40
Les Bagnoles 2 (STC) No Passes Fri-Thu 12:45-3:30-7:25-10:10
Les Bagnoles 2 3D (STC) No Passes Fri-Thu 12:30-3:15-7:10-9:50
Cars 2 (STC) No Passes Fri-Wed 1:30-4:10-7:40-10:25 No Passes Thu 4:10-7:40-10:25 Star & Strollers Screening, No Passes Thu 1:30
Gerry (STC) Fri-Wed 1-3:55-7-9:55 Thu 3:55-7-9:55 Thu 1
Green Lantern 3D (G) Fri-Thu 1:10-4:15-7:30-10
The Hangover Part II (13+) Fri-Thu 1:35-4:25-7:45-10:15
Harry Potter et le Prince de sang-mêlé (G) Sat 10:30 Mon 7:30
Kung Fu Panda 2 (G) Fri-Mon 12:55-3:10
Larry Crowne (STC) Fri-Thu 1:20-4:30-7:50-10:15
M. Popper et ses manchots (G) Fri-Mon 3:40-10:25
Monte Carlo (G) No Passes Fri-Thu 1:15-4-7:15-10:30
Pirates of the Caribbean: On Stranger Tides (G) Fri-Mon 12:25-6:45
Le Sens de l'humour (G) Tue-Thu 12:25-12:55-3-3:40-5:35-6:45-8-9:20-10:30
Super 8 (G) Fri-Sun 6:40-9:20 Mon 9:20
Transformers 3: La face cachée de la lune 3D (G) No Passes Fri-Thu 12:20-3:35-6:50-10:05
Transformers: Dark of the Moon (G) No Passes Fri-Thu 12:50-1:05-4:05-4:20-7:20-7:35-10:35-10:50
Transformers: Dark of the Moon 3D (G) No Passes Fri-Thu 12:35-3:50-7:05-10:20
X-Men: First Class (G) Fri-Thu 12:40-3:45-6:55-9:55

BARRHAVEN

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Bad Teacher (14A) Fri-Wed 12:10-2:30-4:50-7:40-10:10 Thu 3:30-7:40-10:10 Star & Strollers Screening Thu 1
Cars 2 3D (G) No Passes Fri-Thu 1-4:10-7-9:40
Green Lantern (PG) Fri-Thu 12:45-3:40-6:50-9:55
Kung Fu Panda 2 (PG) Fri-Thu 12:20-2:40-5-7:30
Mr. Popper's Penguins (G) Fri-Thu 1:15-4:30-7:20
Super 8 (PG) Fri-Thu 9:50
Transformers: Dark of the Moon (PG) No Passes Fri-Thu 12-3:20-6:40-10
Transformers: Dark of the Moon 3D (PG) No Passes Fri-Thu 12:30-3:50-7:10-10:30
X-Men: First Class (PG) Fri-Thu 10:20

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Bad Teacher (14A) Fri-Thu 12:15-2:40-5:20-8-10:40
Bridesmaids (14A) Fri-Thu 1:20-4:15-7:25-10:20
Cars 2 (G) No Passes Fri-Tue 12:40-3:40-6:40 No Passes Wed 3:40-6:40 No Passes Thu 12:40-3:40-6:40 Star & Strollers Screening, No Passes Wed 1
Cars 2 3D (G) No Passes Fri-Thu 11:40-2:20-5-7:45-10:25
Cars 2: An IMAX 3D Experience (G) No Passes Fri-Thu 11-1:35-4:20-7:05-9:45
Conan O'Brien Can't Stop (STC) Thu 7
Green Lantern 3D (PG) Fri-Tue 1-4-7:10-9:50 Wed 1-4-9:50 Thu 1-4-7:10-9:50
The Hangover Part II (18A) Fri-Thu 9:40
Larry Crowne (PG) Fri-Thu 12:50-3:50-6:50-9:25
Midnight in Paris (PG) Fri-Thu 11:20-1:50-4:40-7:40-10:10
Monte Carlo (G) No Passes Fri-Thu 1:10-4:30-7:20-10:05
Mr. Popper's Penguins (G) Fri-Thu 11:50-3:15
Pirates of the Caribbean: On Stranger Tides 3D (PG) Fri-Thu 11:10-2:30-6:10-9:10
Super 8 (PG) Fri-Thu 1:40-4:50-7:50-10:35
Transformers: Dark of the Moon (PG) No Passes Fri-Thu 11:30-3-6:30-10 No Passes Fri-Thu 1:30-5:10-8:30
Transformers: Dark of the Moon 3D (PG) No Passes Fri-Thu 12-12:30-3:30-4:10-7-7:30-10:30-10:50
Wimbledon Live in 3D: Men's Finals (STC) Sun 9
Wimbledon Live in 3D: Women's Finals (STC) Sat 9
X-Men: First Class (PG) Fri-Wed 6:20-9:15 Thu 9:15

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Bad Teacher (14A) Dolby Stereo Digital Fri-Thu 12:35-3:40-6:45-10:15
Cars 2 (G) Dolby Stereo Digital Fri-Thu 12:45-3:45-7:10-9:40
Cars 2 3D (G) Dolby Stereo Digital Fri-Thu 12:15-3:15-6:30-9:10 Dolby Stereo Digital, No Passes Fri-Thu 11:55-3:30-7:10:20
Green Lantern 3D (PG) Dolby Stereo Digital Fri-Thu 2:40-6:20-9:30
Larry Crowne (PG) Dolby Stereo Digital Fri-Thu 12:50-3:50-7:30-9:45
Monte Carlo (G) Dolby Stereo Digital Fri-Thu 12:05-3:10-7:05-9:35
Mr. Popper's Penguins (G) Dolby Stereo Digital Fri-Thu 12:30-3:20 Dolby Stereo Digital Fri-Thu 6:40
Super 8 (PG) Dolby Stereo Digital Fri-Thu 11:35-6:15
Transformers: Dark of the Moon (PG) No Passes, Dolby Stereo Digital Fri-Thu 2:30-9:15
Transformers: Dark of the Moon 3D (PG) Dolby Stereo Digital, No Passes, SR Dolby Digital Fri-Thu 3-6:35-10
X-Men: First Class (PG) Dolby Stereo Digital Fri-Thu 9

KANATA

KANATA 24
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Bad Teacher (14A) Special Engagement Fri-Sun 10:30-12:45-3:05-5:25-7:45-10:05 Mon-Thu 10:30-12:45-3:05-5:25-7:45-10:05 Special Engagement Fri-Sun 10:30-12:45-3:05-5:25-7:45-10:05 Mon-Thu 10:30-12:45-3:05-5:25-7:45-10:05 SDDS Digital, Special Engagement Fri-Sun 10:30-11:45-12:45-2-3:05-4:30-5:25-7:05-7:45-9:35-10:05 SDDS Digital Mon-Thu 10:30-11:45-12:45-2-3:05-4:30-5:25-7:05-7:45-9:35-10:05
Bbuddah... Hoga Tera Baap (STC) SDDS Digital, Special Engagement Sat-Thu 12:25-3:40-6:55-10:10
The Beginning of the Great Revival (STC) SDDS Digital Sat-Thu 10:45-4:20-9:55
Bridesmaids (14A) SDDS Digital Fri-Thu 10:40-1:30-4:20-7:10-10 SDDS Digital Fri-Thu 10:40-1:30-4:20-7:10-10
Cars 2 (G) SDDS Digital, Special Engagement Sat-Sun 11:15-12:15-1:50-2:50-4:25-5:25-7-8-9:35-10:35 SDDS Digital Mon-Wed 11:15-12:15-1:50-2:50-4:25-5:25-7-8-9:35 SDDS Digital Thu 11:15-12:15-1:50-2:50-4:25-5:25-7-8-9:35
Cars 2 3D (G) Special Engagement Fri-Thu 10:45-1:20-3:55-6:30-9:05
Cars 2: An IMAX 3D Experience (G) Digital, Special Engagement Fri-Thu 11:40-2:20-4:55-7:30-10:05
Green Lantern (PG) SDDS Digital Sat-Thu 11:25-2:10-4:50-7:30-10:10
Green Lantern 3D (PG) Digital, Special Engagement Fri-Thu 2:35-5:40
The Hangover Part II (18A) SDDS Digital Fri-Thu 11:10-1:45-4:25-7-9:30
Kung Fu Panda 2 (PG) SDDS Digital Sat-Thu 11-1:15-3:30-5:45-8-10:15
Larry Crowne (PG) SDDS Digital, Special Engagement Fri-Thu 10:30-12:55-3:20-5:45-8:10-10:35
Midnight in Paris (PG) SDDS Digital Sat-Thu 10:40-12:55-3:10-5:25-7:40-9:55
Monte Carlo (G) SDDS Digital, Special Engagement Sat-Thu 11:35-2:15-4:55-7:40-10:15
Mr. Popper's Penguins (G) Fri-Wed 10:30-12:50-3:15-5:40-8:05-10:30 Thu 10:30-12:50-3:15-5:40-8:05
Pirates of the Caribbean: On Stranger Tides (PG) SDDS Digital Fri-Thu 10:35-1:35-4:40-7:45
Super 8 (PG) Fri-Thu 11-1:40-4:25-7:05-9:45
Thor (PG) SDDS Digital Sat-Thu 1:40-7:15
Transformers: Dark of the Moon (PG) SDDS Digital, Special Engagement Sat-Thu 11:15-1:05-3:05-4:35-6:30-8:05-9:55
Transformers: Dark of the Moon 3D (PG) Digital, Special Engagement Sat-Thu 10:45-11:45-12:35-3:35-4:05-7-7:30-8:48-10:25-10:55
X-Men: First Class (PG) SDDS Digital Fri-Thu 10:35-1:30-4:30-7:30-10:30

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BEST OF 2011 (SO FAR)

SOUND CHECK

ALAN CROSS
SCENE
@METRONEWS.CA

If you're reading this, chances are you still care about buying albums and CDs. And as we pass into the second half of 2011, here are my picks for the best albums of the year (so far) in alphabetical order.

Adele/21: Unstoppable. People are discovering that Adele is the Real Deal. There's little hype promoting this record. It's selling exclusively on the strength of the songs.

Beastie Boys/Hot Sauce Committee Part Two: MCA, dude, that cancer thing really scared us. How did you guys crank out such a solid record while all that Big C stuff was going down?

Bon Iver/Bon Iver: More divine melancholy music from the saddest man in Eau Claire, Wisconsin.

The Dears/Degeneration Street: In the business, they call this kind of CD "a career-defining release," It's made the Long List for the Polaris Music Prize.

EMA/Past Life of Martyred Saints: South Dakotan Erika M. Anderson turns her noise-folk into something that PJ Harvey probably has in her iPod.

F—ed Up/David Comes to Life: No one in this Toronto hardcore band can explain the libretto of this rock opera. No matter. The ride is satisfying enough.

Foo Fighters/Wasting Light: This record is more proof that the Foos are as close to a perfectly constructed modern rock band as we're ever going to see.

PJ Harvey/Let England Shake: Harvey is a shape-and-genre shifter, with each album sounding completely different. Moving from woozy to fierce and back again, I hear something new each time I put on this CD.

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TV picks

Canadian content rules

MOVIES. Just for the Canada Day weekend, there are plenty of films on offer featuring famous Canucks. On Friday, Showcase is airing a double-shot of films starring Vancouver's Ryan Reynolds (Foolproof and Van Wilder), Bravo counters with The Girl Next Door starring Calgary's Elisha Cuthbert, while the late Regina-born comedy legend Leslie Nielsen can be seen in Naked Gun 33 1/3: The Final Insult, airing on Diva.

Will and Kate in Ottawa

ROYALTY. This year's Canada Day festivities will have a royal flair as Prince William and Kate will swing through Ottawa to celebrate Canada's birthday. Canada Day in the Capital on Friday will seek to capture the excitement for those who can't party in the capital in person, along with performances from Sam Roberts and Great Big Sea. (CBC)

Between engagements

MUSIC. Legendary troubadour Gordon Lightfoot is between Canadian tours right now — his next trek launches in November — but fans can watch him sit down for an interview with Peter Mansbridge Saturday that was originally taped last August. (CBC)

Groundhog or Panda

CLASSICS. Film fans have some tantalizing options Saturday. Bravo is airing the 1993 Bill Murray cult classic Groundhog Day, while Teletoon has two more recent hits: the charming '08 animated comedy Kung Fu Panda and action-packed graphic novel adaptation 300. Or you could sit and marvel at the fact that it's been 20 years since the release of the influential 1991 flick Thelma & Louise. (Peachtree TV)

Titanic returns

LOVE STORY. We're still nearly a year away from the 3D theatrical re-release of James Cameron's smash Titanic, so fans of the tragic love story might want to get their fix with Sunday's showing on AMC.

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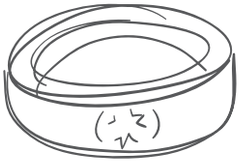

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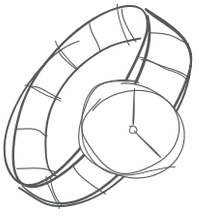

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BACKSTAGE PASS

JEN TRAPLIN
METRO OTTAWA

Making great summer memories

Music in the Pines is all about family Combines festival experience with camping

Festival season is in full swing here in Ottawa. And, just outside the city, a really unique festival experience is happening this weekend as well.

Eileen and Rolf Garde own a large, beautiful piece of land in Curran, Ont., about an hour outside of Ottawa. They bought it 20 years ago for their retirement. Then, the plan changed.

"We thought it was too lovely for just us and decided to share it and opened up a camping ground," says Eileen.

Over the past two decades, Whispering Pines campground has been a place where people make great summer memories, said Eileen.

"We have been fortunate to make many wonderful friends who have become extended family."

Three years ago, they decided to extend that family even further by bringing together their love of children, nature and the arts.

Music in the Pines was born.

A family-friendly festival, think of Music in the Pines as a weekend camping trip mixed with live music, arts, theatre and plenty of entertainment for the little ones.

Eileen hopes Music in the Pines will lead to an appreciation of the arts as kids get older.

"With this festival, I can hopefully encourage children to take a bigger interest in arts growing up."

This weekend, kids can participate in scavenger hunts, puppet theatre, costume parades and they can even tie-dye their own shirts.

For the adults there's music courses, swimming, drumming, nightly campfires and an amazing fireworks display on Canada Day.

CONTRIBUTED

▶ River City Junction, one of the main headliners at Music in the Pines.

And, of course, there will be plenty of live music. Check out River City Junction, Hippie Campfire, Triskalia, Nadine Banville, Castilia and lots more.

Weekend or day passes are available. All you have to do is register online at musicinthepines.ca.

This year, all of the profits will be going directly to The Children's Wish Foundation.

Fitting, it seems.

"Our motto is 'To promote music and the arts while helping a good cause,'" boasts Eileen.

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Halle Berry's custody battle getting nasty

Actress files paperwork accusing her ex-husband of neglectful behaviour

ALL PHOTOS GETTY IMAGES

▶ Halle Berry

Halle Berry's custody battle with ex Gabriel Aubry over their daughter, Nahla, isn't getting any friendlier, according to Us Weekly.

The Oscar-winning actress appeared in family court in L.A. this week, submitting paperwork that accused Aubry of being neglectful and of violating an earlier custody agreement.

Aubry was not present for the court appearance.

"Halle has serious concerns for her daughter's well-being while in the care of her father for any extended period of time and is prepared to take all necessary steps to protect her," Berry's rep said when the custody battle began in January.

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Talking points

J-Lo not the star she thinks she is

NO PAY RAISE FOR YOU Jennifer Lopez has said she's "on the fence" about returning to American Idol next season, but sources close to the show claim the singer is simply angling for a pay hike — and it could cost her the whole gig, according to Popeater.

Producers are reportedly already discussing replacements — including Shania Twain and Shakira — for Lopez, who earned $12 million for her first season as a judge on the reality competition. "Right now the star of American Idol is Steven Tyler," a source says.

METRO

Celebrity tweets

@TomArnold

"Inspite of or maybe because of all the jokes LaToya Jackson seems like maybe the nicest person on the planet. She needs a big hug. Am I right?"

@lindsaylohan

"Have you guys seen food and gas prices lately? U.S. $ will soon be worthless if the Fed keeps printing money!"

@JimCarrey

"I'm in NY because I heard they need another crazy person walkin' around."

@SteveMartinToGo

"I've decided not to sue Google over stealing my idea about calling me up and asking me anything"

▶ David Duchovny

Sex addict split?

David Duchovny and Tea Leoni have separated, their reps confirm to TMZ.

Sources tell the website that while the actors are taking some time apart, they have not yet decided if they will file for divorce.

The couple previously separated in 2008, later reconciling after Duchovny entered rehab for sex addiction.

Duchovny left rehab saying he left like a changed man.

They have two children, a daughter, 12, and a son, 9.

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RICHARD PECKETT
METRO WORLD NEWS

"I'm a big believer in, 'don't believe in your own hype,'" says David Gandy. As muse to Dolce & Gabbana, he's arguably the world's most famous male model of today. But as he says, "I wouldn't have the audacity to call myself a supermodel."

This is a man who walks down runways dressed in nothing but tightie whities for a living, so you might assume he's being facetious. You'd be wrong.

We met at his model agency in London following the especially lavish, movie-star style launch in Milan of his eponymous book by Dolce & Gabbana. "It's been a surreal weekend, going from driving a classic Triumph around with a police escort and everyone screaming one day to going back to Sainsbury's supermarket the next," the 30-year-old says.

Yes, David Gandy goes to the supermarket. He may be shaped like an inverted triangle with abs of steel but he is, in layman's terms, a regular, "nice guy" working in a notoriously bitchy field. How has an unassuming man made it to the top of one of the most notoriously back-stabby industries? "I have more determination than a lot of people and I'm absolutely stubborn," he says.

He's so headstrong, in fact, that he once stormed out of an important casting when asked to shave his trademark mane.

"They said, 'That's our look and that's what we have to do but it's your choice if you want to leave," he explains. "So I packed my bags and left."

It's a willfulness that Gandy assures me he asserted when making the book, which includes more than a few butt shots and photos of him playfully holding phallic-shaped objects near his mouth. He explains: "For a lot of the photos, [Domenico and Stefano] probably wanted to go further than me, but we reigned it in a bit," he says.

In fashion terms, the union of man and brand was a game changer. "People said I changed the industry but it wasn't me, it was Dolce & Gabbana and Mario Testino. We did the white pants in Light Blue and then [Emporio] Armani followed with David Beckham," he says. Gandy represented a breakaway from the effete-looking, super skinny Dior guy that had become so popular.

A waif, Gandy is not. And he'll be promoting his muscle man ethos with his very own fitness and nutrition iPhone app later this year.

"After 10 years in the industry, I can actually say what, fitness-wise, absolutely works. There'll be new techniques from the U.S. and I'll be simplifying complex terms," he says. Sounds like supermodel material to us.

"I have more determination than a lot of people and I'm absolutely stubborn."
GANDY ON HIS SUCCESS

Why he's so famous

- It was Gandy's hot-blooded, Adonis-like masculinity in the Dolce & Gabbana Light Blue fragrance campaign (above) that got him noticed for all the right reasons by housewives and jealous husbands around the world.

David Gandy by Dolce & Gabbana, dolce&gabbana.com, $150

3 life

Trend of the week

STATEMENT SUNGLASSES

SONIA RYKIEL

- This summer has been an especially good one for eyewear, with bold frames in whimsical, attention-grabbing shapes.

High-drama emotion, manliness coalesce at poetic Paris label Lanvin

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Pair the brights with whites

Liven up your office by sporting a boldly coloured skirt with a simple white tee

KENYA HUNT
METRO WORLD NEWS

Thank the house of Jil Sander for helping to spark fashion's current obsession with colour and introducing the easiest way to wear it, by pairing the flashiest of colours with the simplest of T-shirts. No need to go to fancy on top.

Jil Sander ss '11

WHISTLES ERICA
midi skirt, $190
asos.com

TIBI
maxi skirt, $297
shopbop.com

On the street

Eleanor Crisi, Milan

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Life's a beach

Summery decor evokes sun and surf and brings the best of the beach indoors — minus the annoying sand between your toes

If you've ever carted home some unfortunate monstrosity from a beach vacation and rued it, take heart. That's not the kind of beach decor we're talking about here.

This summer, retailers are offering decor that evokes the sand and surf, but with a sophistication that makes it work as a seasonal accent to most rooms no matter what your decorating style.

PBTeen has a host of quirky yet delightful items that evoke the theme: a tabletop angel fish fashioned from driftwood bits; wire art, including jaunty starfish hooks; a mountable shark's head whose toothy maw can be used as a receptacle for beach hats, dog leashes and so on.

Wall mounted "surfboards" give the cottage (or city apartment) a laid-back spot to hang a jacket.

A day's beachcombing often yields some lovely finds, such as gently hued, water-washed glass.

At Beach Grass Cottage, they've gathered up lots of the stuff, and their artisans have made lampshade and mirror trims, as well as wreaths that can be custom ordered in different shades.

THE ASSOCIATED PRESS

SEASIDE INSPIRED/THE ASSOCIATED PRESS

▶ Cape Cod votives

PBTEEN/THE ASSOCIATED PRESS

▶ Wire shark's head

HOMEGOODS/THE ASSOCIATED PRESS

▶ Sea life pillows

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LEE REICH/THE ASSOCIATED PRESS

▶ Best lettuces for growing in summer: Blackseeded Simpson, Oakleaf, Buttercrunch, Kagran Summer, Salad Bowl, Red Salad Bowl, Deertongue, Diamond Gem and Graquerelle du Midi.

Homegrown lettuce needs a cool head in the summer sun

- **If Mother Nature doesn't provide rain, you do it**
- **Regular waterings make lettuce taste much better**

Homegrown lettuce is so tasty and tender for salads. It's also cold-hardy, so can be enjoyed almost year round, the earliest salad fixings coming from transplants that begin as seeds sown indoors in winter, and the latest ones from plants sheltered beneath plastic or glass tents.

But special tricks are needed to pick lettuce from the garden now, when it's hot. This time of year, lettuce tends to bolt — that is, to flower and make seeds.

Once a flower stalk starts pushing up through the whorl of leaves, those leaves turn bitter and tough.

Actually, flavour plummets even before the stalk becomes evident. Keep a close eye on your lettuces, and you'll see that the leaves undergo a slight colour change from shiny, vibrant green to dull, slightly bluish green.

Like any plant or animal, lettuce has to reach a certain age before it can make seeds and reproduce.

So one obvious way to keep your salad bowl filled with tasty lettuce is to keep sowing seeds so you always have young plants to eat.

Plant lettuce about every three weeks all summer. Just a little at a time, though, since three weeks after you start eating one planting you'll be eating the next sowing's harvest.

Lettuce also bolts in response to the combination of long days, dry soil and hot temperatures. Always plant lettuce in soil well-enriched with compost, leaves, straw, manure or some other organic material. They all help soil to hold moisture. THE ASSOCIATED PRESS

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DON'T LEAD YOUR CAT TO TEMPTATION

ISTOCK IMAGES

▶ It's all about the little things: A correctly placed toilet paper roll is a nice touch in any bathroom.

CHARLES THE BUTLER

ASKCHARLESTHEBUTLER@METRONEWS.CA

FOR MORE, VISIT CHARLESMACPHERSON.COM

If you read my column on Tuesday, you know I'm a professional Butler — and I'm here to help you sort through lifes how-to's.

On Tuesday, I'm answering your social etiquette questions.

And every other Thursday, I'm offering my best advice on managing your home.

So, please send your questions to askcharlesthebutler@metronews.ca and remember to look for this column every other Thursday.

Let's start with our first question!

Question: Is there a correct way to place toilet paper on the toilet paper holder?!

Answer: As a matter of fact, there is!

The toilet paper roll is meant to go over not under, that is UNLESS you have a cat.

If you are a cat owner, you will want the toilet paper to go under to save yourself lots of grief.

Having the toilet roll go over provides nothing but encouragement to a playful cat to make a mess and unroll the toilet roll so that you have a mess when you wake up in the morning!

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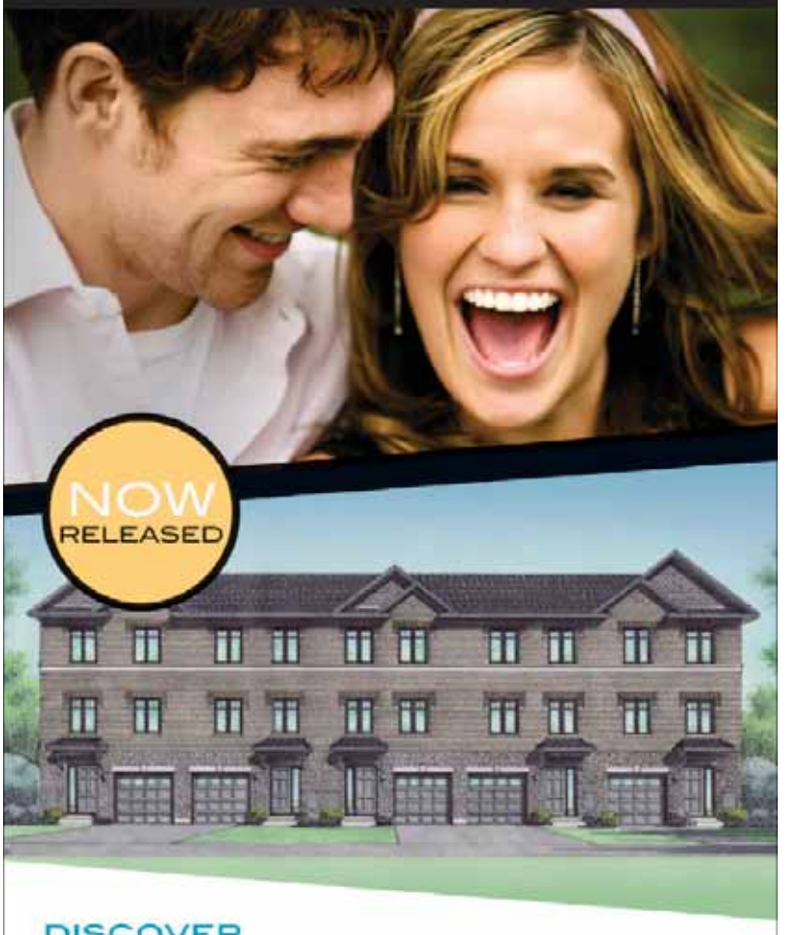

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Open the door to curb appeal

Give your house a facelift by making the entranceway inviting

DIY IDEAS

Painting your front door will give your home years worth of curb appeal, and will add personality with your colour choice.

These tips for painting your front door come from licensed contractor Jason Cameron, host of Desperate Landscapes on DIY Network Canada. Cameron's show transforms neglected backyards into landscape showpieces — all in just one day.

Prep the door

With help, remove the door and place it on sawhorses for cleaning and painting.

Remove all of the hardware, including doorknob, peephole and knocker. Wash the door and allow it to dry. If there are any cracks in the door, patch them with quick-drying wood filler.

Once dry, sand down the filler so that the patch is smooth with the door.

Prime the door

There's no need to prime if the paint is already in good condition, but if you are using a dark colour it's advisable to use primer.

Prime all six sides of the door — front, back, top, bottom, and sides, and let dry completely.

Any part not primed will absorb moisture.

If there are still cracks after priming, fill them with caulk and prime overtop once again.

Once dry, use sandpaper to get rid of any paint drips or unevenness in the panels, then use an old paintbrush to clean off the dust from sanding.

Paint the door

Use an angled sash brush and begin by painting the corners of the panels, working from top to bottom.

Do not use too much paint, and ensure that it does not puddle. Use a roller to paint the rest of the door, following the grain of the wood.

Begin with the raised panels, then the top and bottom, sides, and finally the outside edges.

Continue with as many coats as necessary to achieve your desired colour, each time starting with the sash brush and following with the roller in the order described. Once completely dry, reattach the door and enjoy a beautiful facelift for your home!

TUNE IN ON CANADA DAY, FRIDAY JULY 1, FOR A MARATHON OF DESPERATE LANDSCAPES FROM 10 A.M. TO 6 P.M. ET ON DIY NETWORK CANADA.

ISTOCK IMAGES

▶ Personalize your front door with a paint colour of your choice.

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A taste of Canada's diversity

The mouth-watering recipes in Canada Grills! will make the perfect addition to any Canada Day get-together They're quick & easy to make

This year, while you're toasting the nation's 144th birthday, incorporate unique food items that reflect the multiculturalism of our country with these Grilled Honey & Lime Prawns and Jamaican Jerk Burgers.

Jerk seasoning, a Jamaican marinade that is normally used with chicken, gives the burger a new spicy twist.

Meanwhile, the combination of honey and lime in the prawns perfectly balances sweet and sour.

From the editors of Creative Homeowner, Canada Grills! not only features recipes but also an introduction to grilling, barbecue and smoking terms, temperatures, tips by Barry "CB" Martin, and more than 50 of CB's EZ recipes.

Jamaican Jerk Burgers

Preparation:

1. For burgers, whisk together all ingredients except beef. Then mix in beef until combined. Form into patties; grill.
2. For mayo, bring egg yolks to room temp. In food processor, purée yolks, lime juice, chipotle, cilantro, salt, white pepper. When incorporated, drizzle in oil while processor running.

Note: To avoid consuming raw eggs for health reasons, use pasteurized eggs, or substitute about 1½ cups store-bought mayo for eggs and oil. **CANADA GRILLS! (PUBLISHED BY CREATIVE HOMEOWNER, 2011, SADDLE RIVER, N.J.)**

PHOTOS FROM CANADA GRILLS!

▶ The addition of jerk seasoning gives this burger a kick.

Ingredients:

- 1 pound ground beef, pork, or turkey
- 2 tablespoons lime juice
- 2 tablespoons soy sauce
- 2 teaspoons ground ginger
- 4 tablespoons Jamaican jerk seasoning

Chipotle-Lime Mayonnaise

- 2 egg yolks
- 3 teaspoons lime juice
- 1 teaspoon chipotle purée
- 3 tablespoons cilantro, finely chopped
- Salt and white pepper to taste
- 1 cup olive oil

CB's Gilled Honey & Lime Prawns

Ingredients:

- 1 pound jumbo prawns, cleaned, tails on

Marinade

- 2 tablespoons Italian salad dressing
- 2 tablespoons dry white vermouth
- 1/3 cup Worcestershire sauce
- 1 garlic clove, finely minced
- 2 tablespoons cilantro, finely chopped
- 1 teaspoon ground ginger

Basting sauce

- 2 tablespoons Worcestershire sauce
- 1/4 cup olive oil
- 1/4 cup honey

Preparation:

1. Combine marinade ingredients in sealable plastic bag, and add prawns. Refrigerate for up to 1 hour. Combine basting-sauce ingredients in a nonreactive bowl, and set aside.
2. Preheat grill to medium high. Place marinated prawns on hot grates. Use tongs to turn, and sear all sides. When seared, remove the prawns to a holding pan away from direct heat.
3. Brush with basting sauce, and allow to finish cooking, about 3 to 5 minutes. Squirt with lime.

CANADA GRILLS! (PUBLISHED BY CREATIVE HOMEOWNER, 2011, SADDLE RIVER, N.J.)

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SPECIAL INFORMATION FEATURE

Hintonburger celebrates anniversary

West-end legend serves local organic beef burgers from O'Brien Farms

Celebrating its first anniversary this weekend, Hintonburger has quickly established itself as a West-end legend. Serving local organic beef burgers from O'Brien Farms, the meat is often ground the day of delivery and the fries are hand-cut daily.

The kitschy exterior looks like a fast-food style shack along Wellington Street, but the queue doesn't lie. Expect to wait 10 minutes at lunchtime for their tasty namesake 6 oz. bacon cheeseburger with homemade barbecue sauce. For vegetarians, the massive "Parkdale" falafel burger is topped with veg, pickled turnip and hummus. Burgers and 'dogs are area-themed like "The O-train," a foot-long jumbo chili dog. Rub elbows with your neighbours in their limited seating or take it to go. Cash only. Hintonburger is located at 991 Wellington St. W. SAMANTHA EVERTS

SAMANTHA EVERTS/FOR METRO

▶ Tyler Johnston chows down on a famous "Hintonburger."

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The Curd on the Street

Fresh Chèvre from Clarmell Farms is the closest reflection you can get of the goat's milk from which it's made — in partnership between Paul and Grace Mussell (5th-generation Mussell family farmers) and Glengarry Fine Cheese. An elegant chèvre — it's truly an expression of artisan cheesemaking mastery, and as Ottawa's most "local" cheese, well worth a farm visit down River Road to Manotick.

This soft, unripened goat's milk cheese, with its rich, snow white, "fluffy" textured paste gives a creamy, clean, fresh, tangy, taste with mild citrus flavours that linger long after you've savoured the first bite. Perfect for spreading (on anything!), crumbled on seasonal salads or melted over grilled vegetables/barbecued kebabs as a finishing touch.

Clarmell's chèvre is best enjoyed on a patio or picnic blanket with friends and your favourite summer white wine in hand.

For more information, go to savvycompany.ca

VANESSA SIMMONS

Cheese

Fresh Chèvre
Clarmell Farms,
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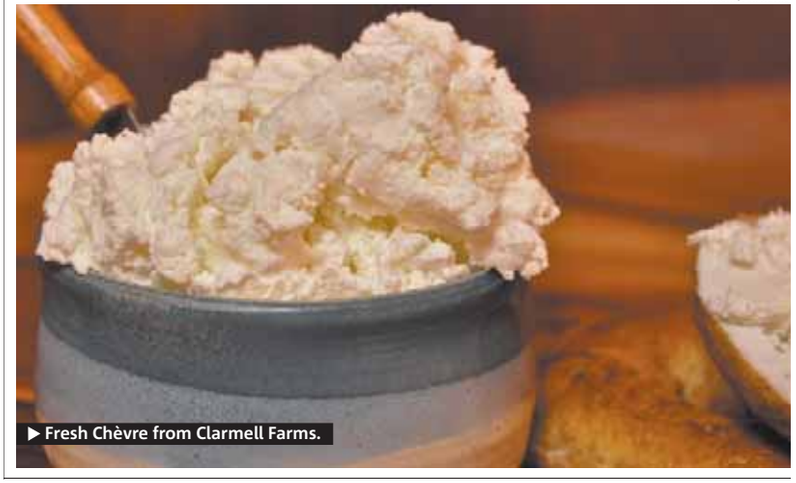
This chèvre is classified as a "fresh" cheese due to its high moisture content and the fact it is unripened (not aged).

VANESSA SIMMONS/FOR METRO



▶ Fresh Chèvre from Clarmell Farms.

Beer + BBQ = A Summer Tradition

Good hosts feed their guests Sauce sure to satisfy

JEFF O'REILLY
OTTAWA@METRONEWS.CA

As we celebrate Canada Day and the first long weekend of the summer, this is a great time to talk about hosting a great barbecue. A good host always provides a comfortable environment, delicious and well-prepared food, and ensures their guests get home safely.

As beer is always a big part of the barbecue fun, I thought we could look at pairing your grilled food with beer and also adding beer into the preparation of the food. So I called in an expert to provide a quick and easy-to-make "beer-based" all-purpose chicken and pork barbecue sauce to help spruce up your summer BBQ. Edmond Tang of Amberwood BBQ has been serving up award-winning ribs, burgers, chicken and assorted appetizers for years, and while he wouldn't part with his own secret recipe, this one is really delicious.

Preparation:

1. Saute the onion and garlic, then add remaining ingredients.
2. Reduce heat and simmer for about 30 minutes.

For best results in pairing beer with barbecued food, try a beer that won't be overpowered by the taste of the food. Typically, it's something to cut the smoky taste of the grill and complement the sweetness of the barbecue sauce — so my own personal preference is darker lagers or ales. The locally brewed Kichesippi 1855 or Beau's Festivale both work like a charm.

BBQ Sauce Ingredients

- 1 cup ketchup
- ½ cup Kichesippi Natural Blonde
- 2 tsp dry mustard
- 2 tbsp brown sugar
- ⅛ tsp liquid smoke
- 2 tbsp lemon juice
- 2 tbsp maple syrup
- 3 tbsp sweet onion, minced
- 1 clove, garlic, minced

Recipe courtesy Edmond Tang of amberwoodbbq.com

JEFF O'REILLY/FOR METRO

▶ Julie, Edmond and Lindsay enjoying some beer and barbecue.

Royal Cookies!

Move over Obama cookies, the Moulin de Provence in the Byward Market has created a Royal cookie. While U.S. President Barack Obama's cookie is a deliciously simple shortbread cookie with "Canada" on it in red and white icing, Prince William and Catherine (the Duke and Duchess of Cambridge) are being offered a caramel-chocolate cookie from a secret recipe to be available beginning Canada Day.

A "surprise" Royal cookie may have some gold trim. SAMANTHA EVERTS

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moulindeprovence.com

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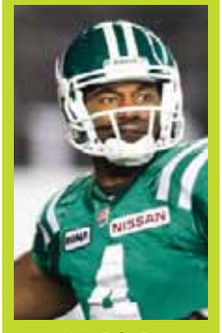

"I think everyone on this team who has been a part of the past two Grey Cups, they have that fire inside of them that they want to unleash on someone else."
ROUGHRIDERS QUARTERBACK DARIAN DURANT

NATHAN DENETTE/THE CANADIAN PRESS

Kickoff time

▶ The CFL season gets going tonight.

Eskimos' Reed, Riders' Marshall to make CFL head-coaching debuts together

They're both former CFL players who also spent many years patrolling the sidelines as assistant coaches.

And on Sunday, Kavis Reed and Greg Marshall will achieve career milestones together.

The two will make their CFL head-coaching debuts when Reed leads his Edmonton Eskimos into Mosaic Field to take on Marshall's Saskatchewan Roughriders.

Reed and Marshall are friends, having spent time together over the years exchanging coaching ideas and sharing defensive philosophies. They were both defensive players in the CFL and each spent 10 or more years as an assistant coach before being promoted this off-season.

But Reed downplayed the significance of the two making their head-coaching debuts against one another.

"It's the way the schedule shakes down, to be honest," Reed said. "We would've met sooner or later but as it's the debut, it probably adds a little more spice to it.

"We have the utmost respect for one another and I know this, I expect him to do very well in his coaching career. But when the ball is kicked, Greg and I will be on the sidelines ... and the 12 Roughriders and 12 Eskimos on the field will be our biggest concerns."

The 2011 season kicks off Thursday with the Montreal Alouettes beginning their quest for a third straight Grey Cup at home against the B.C. Lions.

The league celebrates Canada Day with two games. The Winnipeg Blue Bombers visit the Hamilton Tiger-Cats before the Calgary Stampeders host the Toronto Argonauts at McMahon Stadium.

Marshall takes over a Riders team that has won the West Division the past two years and suffered hard-fought Grey Cup losses to Montreal.

By comparison, Edmonton finished last in the West last season with a 7-11 record and has missed the playoffs three times in five years.

The Riders are again expected to challenge in the West Division. But many football pundits predict a rebuilding season for a young Eskimos squad devoid of many household names outside of such established veterans like quarterback Ricky Ray, receiver Fred Stamps, defensive back Chris Thompson and kicker Damon Duval.

"The expectation across the league is because there is a lot of turnover and changes that we're going to really struggle," Reed said. "I don't think our struggles are going to be any more pronounced than any of the other teams early on.

"Once we get our timing together, once we get the chemistry together, and if we avoid major and extended injuries, we'll be fine."

Few around the CFL were surprised when the Riders hired Marshall. For years, Marshall had been mentioned as a solid head-coaching candidate and had been considered for a number of vacancies.

But Edmonton GM Eric Tillman raised eyebrows when he hired Reed. After playing as a defensive back with the Eskimos, Reed got into coaching in 2001 as the Toronto Argonauts defensive back and special-teams coach, and he also served as an assistant with Ottawa, Hamilton, Saskatchewan and Winnipeg before returning to Alberta.

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Underdog Tsonga overcomes Federer

- Frenchman rallies to beat six-time Wimbledon champ
- Federer blows two-set lead at Grand Slam for first time

Roger Federer was eliminated in the Wimbledon quarter-finals for the second straight year Wednesday, squandering a two-set lead for the first time at a Grand Slam tournament and losing to Jo-Wilfried Tsonga 3-6, 6-7 (3), 6-4, 6-4, 6-4.

The six-time Wimbledon champion barely looked challenged while winning the first two sets against the 12th-seeded Frenchman. But Federer, who had been 178-0 in matches in which he had won the opening two sets at a major tournament, was broken one time in each of the last three sets.

"It's kind of hard going out of the tournament that way, but unfortunately it does happen sometimes," said Federer, who played in his 29th straight major quarter-final. "At least it took him sort of a special performance to beat me."

Federer, 16 times a Grand Slam champion, finished the match with only 11 unforced errors, half as many as Tsonga.

"I was two sets down and I break. I did a good game of return and after that it was just amazing," said Tsonga.

ALASTAIR GRANT/THE ASSOCIATED PRESS

▶ France's Jo-Wilfried Tsonga celebrates Wednesday during his match against Roger Federer at Wimbledon.

In the semifinal round Tsonga will face second-seeded Novak Djokovic, who defeated 18-year-old Australian qualifier Bernard Tomic 6-2, 3-6, 6-3, 7-5.

Defending champion Rafael Nadal also advanced, beating Mardy Fish 6-3, 6-3, 5-7, 6-4. The two-time champion will face fourth-seeded Andy Murray in the semifinals. Murray defeated Feliciano Lopez 6-3, 6-4, 6-4.

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CFL EXTRA POINTS

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Throwing away the mortgage money on a potential Grey Cup winner before the season even starts is pure lunacy, especially in the most unpredictable pro sports league on the planet. But we're playing with house money, so let's lay down some odds and project the sure shots, long shots and haven't-got-a-shots for the upcoming 2011 CFL season.

3-1
Montreal

The two-time defending Grey Cup champs have made three straight appearances in the title game and there's no reason to believe "Les Larks" are finished picking up CFL jewelry. QB Anthony Calvillo is another year older (38) and is without SB Ben Cahoon (retired) and RB Avon Cobourne (free agency), but the Als are king of the hill until someone knocks them off.

4-1
Calgary

The Stamps have 2010 most outstanding player Henry Burris back at the helm and he's always a threat, despite significant changes along the O-line. Burris has Joffrey Reynolds, the CFL's top RB in the backfield. On defence, the secondary is without CBs Brandon Browner (NFL) and Dwight Anderson (free agency). Stamps have plenty to prove after following up their 2008 Grey Cup win with two West final losses.

5-1
Saskatchewan

Significant changes in 2011, including a rebuilt coaching staff under newcomer Greg Marshall, could affect the Green Giants. The Riders also lost SB Andy Fantuz (NFL), but bolstered Darian Durant's O-line with the addition of Alex Gauthier and George Hudson.

6-1
B.C.

The heat's on head coach Wally Buono to get his Lions into the Grey Cup at B.C. Place Stadium in November. Helping his chances is QB Travis Lulay, who proved late last season that he has the arm and leadership ability to get it done. Lulay will have 2010 most outstanding offensive lineman Ben Archibald, a free agent from Calgary, buying him time in the backfield.

10-1
Hamilton

The Tabbies could be contenders in the East but have struggled in the playoffs. The addition of free agent RB Avon Cobourne could provide the missing ingredient in the post-season.

20-1
Edmonton

Top-to-bottom changes this season will make for a long year for the Green and Gold. Could miss the playoffs.

30-1
Toronto

A solid D got the Argos into the East final last year, but they'll go no farther without a QB.

50-1
Winnipeg

The Blue Bombers were 4-14 last season, but nine of those losses were by four points or less. A healthy Buck Pierce at quarterback could turn the agony of defeat into the joy of victory, but don't bet on it.

"First we have to win on Thursday, and then get in the playoffs and win that playoff game, and then we'll get in the Grey Cup. We take it day by day."
MONTREAL DEFENSIVE BACK MARK ESTELLE

"To me, the only motivation is we didn't win a Grey Cup last year. To me, that's enough for the guys that are here."
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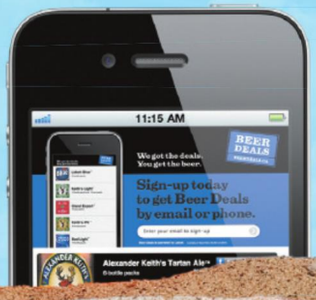

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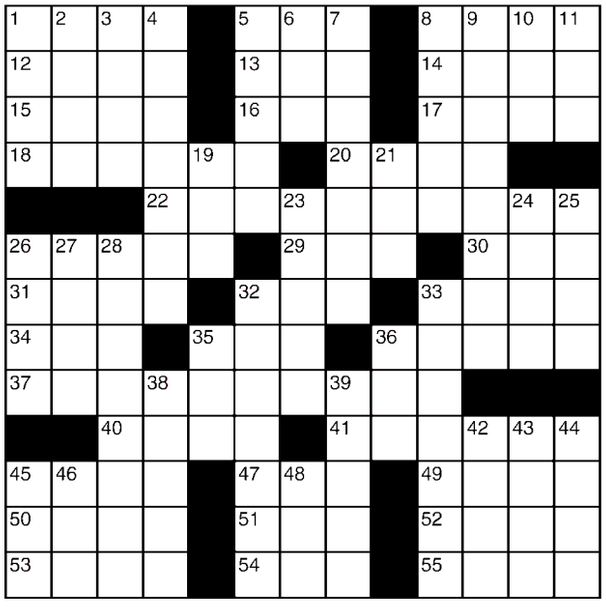

Across

1 Destiny
5 Moment
8 Fellow
12 Pale
13 Expert
14 Burglar's booty
15 "The Way We —"
16 Legislation
17 Black
18 Deep disgust
20 Hairless
22 Not working right
26 Beet variety
29 Flamenco cheer
30 Opposed to
31 Unrivaled
32 NBC fixture since 1975
33 Macadamize
34 Playwright Levin
35 Menagerie
36 Former larvae
37 Not working right
40 Quest
41 Mideast market
45 The same, in footnotes
47 Ar follower
49 Citrus fruit
50 Freebie
51 Maiden name indicator
52 Blissful place
53 Favorable votes
54 D.C. VIP
55 Fender bender

Down

1 Bambi, for one
2 On the briny
3 From one end to the other
4 Offensive sight
5 Hit-by-a-tomato sound
6 Historic time
7 Moo-ring device?
8 Relax
9 Equalizer, as in golf
10 Diving bird
11 Thickness
19 Remnant
21 Copper head
23 Esteem
24 PBS science show
25 Dandling site
26 Advertising award
27 Trumpet
28 Bane
32 Mitigates
33 Bewildered
35 Buddhist sect
36 Sch. org.
38 Bactrian's pair
39 "Peer Gynt" playwright
42 Staffer
43 "So be it"
44 Landlord's due
45 Unfriendly
46 1-Down's mama
48 Witness

▶ Yesterday's answer

Sudoku

			1					
8				3	2		5	
	7	1		6		3	8	9
	9					6	2	
			6		9			
	4	8					1	
1	2	3		9		4	7	
	5		7	2				3
					5			

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

3	9	6	4	2	1	8	5	7
5	2	4	6	8	7	9	3	1
8	1	7	9	5	3	2	6	4
9	4	2	3	7	5	6	1	8
7	5	1	8	4	6	3	9	2
6	3	8	2	1	9	7	4	5
4	8	9	1	6	2	5	7	3
2	6	5	7	3	4	1	8	9
1	7	3	5	9	8	4	2	6

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You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Tara, Just wanted to say HAPPY BIRTHDAY to 1 of the hottest mamas I know & 1 of the truest frieds I have. We have our ups & downs but you're always my sis. Don't forget to go THIS WAY THEN on ur bday! **BELLAS**

BeHanh
Anh mãi mãi yêu em không mu?n r?i xa. **MIKE**

Dear Little Cat ;)
Happy Anniversary Baby!! You've been such a huge part of my life for the past year and I couldn't imagine it without you. You have brought so much happiness into my life. I hope that you know how much I care about you. You keep me grounded, make me feel protected, and loved. You are such an amazing person and I am so lucky to be a part of your life. I love you, so much. **S**

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20
To be happy, you need to do things that make a difference not just in your life, but in the lives of others.

♉ Taurus April 21-May 21 What happens over the next few days has the potential to make your life infinitely more interesting.

♊ Gemini May 22-June 21
You've found it difficult of late to express yourself. This weekend, you'll make up for it big time.

♋ Cancer June 22-July 22 If there is something you need to say, don't wait any longer. Say it now.

♌ Leo July 23-Aug.23 You seem to be spending a lot of time thinking about your future, and that's a good thing. Stay focused on it.

♍ Virgo Aug. 24- Sept. 22 The worst that can happen today is that a gamble doesn't pay off.

♎ Libra Sept. 23-Oct. 23 Say the right things to employers and others in positions of power. A few days from now, they may not be in quite such a receptive mood.

♏ Scorpio Oct. 24-Nov. 22 Your ability to get on with everyone will pay huge financial rewards.

♐ Sagittarius Nov. 23-Dec. 21
You seem to be flavour of the month now, long may it continue.

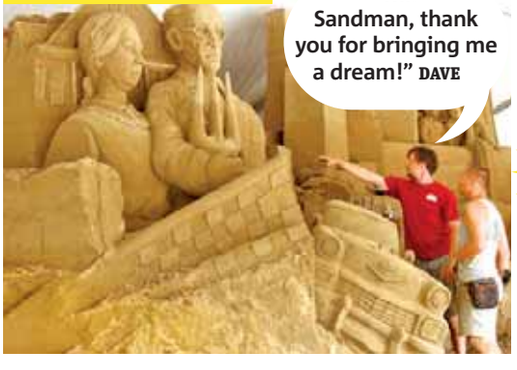
♑ Capricorn Dec. 22-Jan. 20
Mercury in your opposite sign makes it easy to talk but when Mercury changes signs this weekend, you won't sound so smooth.

♒ Aquarius Jan. 21-Feb. 18
Usually it's good to plan ahead but there is a lot of uncertainty at the moment, so be flexible.

♓ Pisces Feb. 19-March 20. Creatively and romantically, you're in for surprises. **SALLY BROMPTON**

Caption contest

GENE J. PUSKAR/ THE ASSOCIATED PRESS



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